NYSDOCCS' MODIFIED MENU

WEEK 1 MONDAY

8/3/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple jelly	Apple jelly	2 pc	Apple jelly	4 pc	Apple jelly	4 pc	Apple jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Chili con carne	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1c	Steamed white rice	1c	Steamed white rice	1c	Steamed white rice	1c
Chilled coleslaw	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
Cornbread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Meatloaf	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Seasoned cabbage	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread/ Margarine	Whole wheat bread/Marg.	1 sl/ 2 ea	White bread/ Marg.	1 sl/ 2 pc	White bread/ Marg.	1 sl/ 2 pc	White bread/ Marg.	1 sl/ 2 pc
White cake /choc icing	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 TUESDAY

8/4/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
Breakfast Pizza	Scrambled eggs	1/2 c	Scrambled eggs	1/4 c	Scrambled eggs	1/4 c	Scrambled eggs	1/2 c
	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Tomato Soup								
Tuna salad	Diet tuna salad	1/2 c	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
3- bean salad	Diet 3 bean salad	1/2 c	Diet 3 bean salad	1/2 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c
Potato chips	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
	Diet Italian dressing	1 pc	Diet italian dressing	1 pc				
Hamburger Roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	2 ea
Chilled canned peaches	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	2 c
Grape beverage	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	2 c
DINNER:								
Rome Style Lentils	Rome Style Lentils	1 c	Rome Style Lentils	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
					Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed green peas	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
White bread/ Margarine	Whole wheat bread/Marg.	1 sl/2 ea	White bread/ Margarine	1 sl/ 2 ea	White bread/ Margarine	1 sl/ 2 ea	White bread/ Margarine	1 sl/ 2 ea
Bread Pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Iced Tea	1% Milk	1 c	Iced Tea	1 c	Iced Tea	1 c	Iced Tea	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 WEDNESDAY

8/5/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Coffee Cake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Turkey chow mein	Turkey chow mein	1 c	Turkey chow mein	1/2 c	Turkey chow mein	1/2 c	Turkey chow mein	1 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Mixed vegetables	Mixed vegetables	1 c	Mixed vegetables	1/2 c	Mixed vegetables	1/2 c	Mixed vegetables	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Orange beverage	1 % Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Hot dogs	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hot dog rolls	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Potato tots	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
Mustard	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Ketchup	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Cherry Gelatin	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 THURSDAY

8/6/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn Flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Italian style meatballs	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Spaghetti w/ Tomato sauce	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c
	Tomato sauce	2 oz	Tomato sauce	2 oz	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
Garlic hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Brd chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seasoned chicken gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Rice pudding	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 FRIDAY

8/7/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Macaroni & cheese	Kidney bean entrée	1 c	Kidney bean entrée	1/2 c	Diet Beef patty	1 ea	Diet beef patty	1 ea
	Steamed elbow mac	1 c	Steamed elbow mac	1 c	Steamed elbow mac	1 c	Steamed elbow mac	1 c
Stewed tomatoes	Steamed Wax beans	1 c	Steamed Wax beans	1/2 c	Steamed Wax beans	1/2 c	Steamed Wax beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Tartar sauce	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c
Vanilla yogurt	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea
Hawaiian beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 SATURDAY

8/8/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Pancakes	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sloppy Joe	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Homefried potatoes	Elbow macaroni	1/2 c	Elbow macaroni	1 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c
Steamed green peas	Steamed green peas	1 cup	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Meatball stew	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
Italian dressing	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
Whole wheat bread	Whole wheat bread/marg.	1 sl/2ea	White bread/margarine	1 sl/2ea	White bread/margarine	1 sl/2ea	White bread/margarine	1 sl/2ea
Margarine	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Sugar cookies	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 1 SUNDAY

8/9/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Apple juice	2 ea	Apple juice	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole grain bagel	Whole grain bagel	1 ea	White bread	2 sl	White bread	2 sl	White bread	2 sl
Cream cheese	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Green Chili Burrito	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Salsa Sauce	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed WK corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
BBQ Chicken legs	Chicken legs-NO BBQ	2 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	2 ea
Potato salad	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Kidney/garb bean salad	Diet kidney/garb salad	1/2 c	Diet kidney/garb salad	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	2 sl	White bread	2 sl
Margarine	Whole wheat bread	2 sl	White bread	2 sl	Margarine	2 ea	Margarine	2 ea
Gingerbread w/ Icing	Margarine	2 ea	Margarine	2 ea	Chilled canned pears	1 c	Chilled canned pears	1 c
Grape beverage	Chilled canned pears	1 c	Chilled canned pears	1 c	Grape beverage	1 c	Grape beverage	1 c
	1% milk	1 c	Grape beverage	1 c				
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 MONDAY

8/10/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef Chow Mein	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Elbow macaroni	Ellbow macaroni	1 c	Ellbow macaroni	1 c	Ellbow macaroni	1 c	Ellbow macaroni	1 c
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Sliced carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled canned pineapple	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Jamaican beef patty	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
					Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seasoned cabbage	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Raspberry gelatin	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Chocolate milk	1% white milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 TUESDAY

8/11/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
HC Eggs	HC Egg	1 ea					HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Tomato soup	Diet tuna salad	1/2 c	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Grilled Cheese sand.	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
Coleslaw	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Potato chips	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
			Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Baked salisbury steak	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seasoned gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Stewed tomatoes	Steamed mixed vegetables	1 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 WEDNESDAY

8/12/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal	Hot oatmeal	1 c	Hot oatmeal	1 c	Hot oatmeal	1 c	Hot oatmeal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B=4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour								
Italian Sausage	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Sauteed peppers &onions	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
Macaroni salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled fresh orange	Chilled fresh orange	1 ea	Chilled fresh orange	2 ea	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Turkey ala king	Turkey ala king	1 c	Turkey ala king	1/2 c	Turkey ala king	1/2 c	Turkey ala king	1 c
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed green peas	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Sugar cookies	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 THURSDAY

8/13/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
Vanilla yogurt	Vanilla yogurt	1/2 c	Vanilla yogurt	1/2 c	Vanilla yogurt	1/2 c	Van. Yogurt / HC egg	1/2 c / 1 ea
Whole wheat toast	Whole wheat toast	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hot dogs	Diet Beef Patty	1 ea	Diet Beef Patty	1 ea	Diet Beef Patty	1 ea	Diet Beef Patty	1 ea
Mustard/ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Boston baked beans	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Sauerkraut	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Hot dog rolls	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
BBQ chicken cubes	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
Cornbread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Raspberry sherbet	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Grape beverage	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 FRIDAY

8/14/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Breakfast sausage gravy	Bran Flakes	1 c	Corn Flakes	1 c	Corn Flakes	1 c	Corn Flakes	1 c
							HC Egg	1 ea
Homemade Biscuit	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour								
Pizza	HC egg	1 ea	HC egg	1 ea	HC egg	1 ea	HC egg	1 ea
Tossed green salad	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
French dressing	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
	Diet French dressing	1 pc	Diet Frech dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Apple crisp	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Grape beverage	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Marinara sauce w/	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed mixed vegetable	1/2 c	Steamed mixed vegetable	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Yellow cake w/van icing	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hot Chocolate	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 SATURDAY

8/15/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Crispy rice cereal	1 c	Crispy rice cereal	1 c	Crispy rice cereal	1 c
							HC Egg	1 ea
Waffles	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B = 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Black beans in sauce	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed whole kernel corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Canned mixed fruit	Canned mixed fruit	1/2 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Breaded chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
French fried potatoes	Steamed potatoes	1/2 c	Steamed potatoes	1/2 c	Spaghetti	1/2 c	Spaghetti	1/2 c
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed mustard greens	Steamed mustard greens	1 c	Steamed mustard greens	1/2 c	Steamed mustard greens	1/2 c	Steamed mustard greens	1/2 c
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Fudge brownie	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 2 SUNDAY

8/16/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Apple juice	2 ea	Apple juice	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef cacciatore	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Spaghetti	Spaghetti	1 c	Spaghetti	1 c	Spaghetti	1 c	Spaghetti	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread/marg	1 sl/2 ea	White bread/margarine	1 sl/ 2 ea	White bread/margarine	1 sl/ 2 ea	White bread/margarine	1 sl/ 2 ea
Margarine	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Sliced Roast turkey	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Bread dressing								
	Whipped potatoes	1 c	Whipped potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Seasoned gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed peas & carrots	Steamed peas & carrots	1 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Rice pudding	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 MONDAY

8/17/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hamburger patties	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hamburger rolls	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Potato chips	Elbow macaroni	1/2 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Pickle spear	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Chilled canned pears	Chilled canned pears	1/2 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Breaded veal patty	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Spaghetti w/tomato sauce	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c
	Tomato sauce on side	2 oz	Tomato sauce on side	2 oz	Mayonnaise	1 pc	Mayonnaise	1 pc
Seasoned cabbage	Steamed peas & carrots	1 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate pudding	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 TUESDAY

8/18/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
Scrambled eggs	Scrambled eggs	1/2 c	Scrambled eggs	1/4 c	Scrambled eggs	1/4 c	Scrambled eggs	1/2 c
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Vegetable Soup	Diet tuna salad	1/2 c	Diet tuna salad	1/4c	Diet tuna salad	1/4c	Diet tuna salad	1/2 c
Tuna Salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Three bean salad	Diet three bean salad	1/2 c	Diet three bean salad	1/2 c	FPC coleslaw	1 ea	FPC coleslaw	1 ea
White bread	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	2 sl	White bread	2 sl
	Whole wheat bread	2 sl	White bread	2 sl	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Margarine	2 ea	Margarine	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Orange beverage	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Orange beverage	1 c	Orange beverage	1 c
	1% milk	1 c	Orange beverage	1 c				
DINNER:								
Spicy Chicken Fiesta	Spicy Chicken Fiesta	1 cup	Spicy Chicken Fiesta	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 cup	Steamed white rice	1 cup	Steamed white rice	1 cup	Steamed white rice	1 cup
Tossed Green Salad	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup
Italian dressing	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
White Bread	Whole Wheat Bread	1 sl	White Bread	1 sl	White Bread/margarine	1 sl./ 2ea	White Bread/margarine	1 sl./ 2ea
Margarine	Margarine	2 ea	Margarine	2 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c
Vanilla Yogurt	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea
Grape Beverage	1% Milk	1 c	Grape Beverage	1 c	Grape Beverage	1 c	Grape Beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 WEDNESDAY

8/19/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Coffeecake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Smokey Beans	Smokey beans	1 c	Smokey Beans	1/2 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
					Mayonnaise	1 pc	Mayonnaise	1 pc
Seas. zucchini w/ sauce	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Navy bean soup	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Kidney/Garbanzo Salad	Diet Kidney/garb salad	1/2 c	Diet kidney/garb salad	1/2 c	Celery sticks	1/2 c	Celery sticks	1/2 c
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	1 sl	White bread	1 sl
	Whole wheat bread	1 sl	White bread	1 sl	Margarine	2 ea	Margarine	2 ea
Chocolate chip cookies	Margarine	2 ea	Margarine	2 ea	Chilled applesauce	1 c	Chilled applesauce	1 c
Orange beverage	Chilled applesauce	1 c	Chilled applesauce	1 c	Orange beverage	1 c	Orange beverage	1 c
	1% milk	1 c	Orange beverage	1 c				
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 THURSDAY

8/20/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran Flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC egg	1 ea
White Toast	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*b= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Chili Con Carne	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
	Ketchup	1 ea	Ketchup	1 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed White Rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Chilled Coleslaw	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
Homemade Cornbread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Fresh orange	Fresh orange	1 ea	Fresh orange	2 ea	Chilled canned pears	1 c	Chilled canned pears	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Breaded chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Whipped Potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seas. Chicken gravy	Ketchup	1 ea	Ketchup	1 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Orange gelatin	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Iced tea	1% Milk	1c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 FRIDAY

8/21/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margaine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Macaroni and cheese	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Stewed tomatoes	Steamed elbow mac	1 c	Steamed elbow mac	1 c	Steamed elbow mac	1 c	Steamed elbow mac	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine/mayonnaise	2 ea/1pc	Margarine/mayonnaise	2 ea/1pc
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Tartar sauce	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Seasoned brown rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Choc. cake/Van. icing	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1 % Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 SATURDAY

8/22/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC egg	1 ea
French Toast	French Toast	2 ea	French Toast	2 ea	French Toast	2 ea	French Toast	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B=diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour								
Sliced turkey salami	Sliced turkey salami	4 sl	Sliced turkey salami	3 sl	Diet tuna salad	1/4c	Diet tuna salad	1/2 c
Sliced American cheese	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
Potato salad	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Hot dog roll	1 ea	Hot dog roll	1 ea	White bread	2 sl	White bread	2 sl
Mustard	Mustard	1 pc	Mustard	1 pc				
			Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Turkey Ham & Potato Cass.	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
	Boiled potatoes	1/2 c	Boiled potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed whole kernel corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate Ice Cream	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Hot Chocolate	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 3 SUNDAY

8/23/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Apple juice	2 ea	Apple juice	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Meat sauce	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Spaghetti	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c	Spaghetti, no sauce	1 c
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 ea	White bread	1 ea	White bread	1 ea	White bread	1 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
BBQ Chicken legs	Chicken legs-NO BBQ	2 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	2 ea
Steamed rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed cut greenbean	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Bread pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 MONDAY

8/24/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple jelly	Apple jelly	2 pc	Apple jelly	4 pc	Apple jelly	4 pc	Apple jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef vegetable stew	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Biscuit	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Coleslaw	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Meatballs	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Tomato sauce	Ketchup	1 pc	Ketchup	2 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Hot dog roll	Whole Wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Lyonnaise potatoes	Elbow macaroni	1/2 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed green peas	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
Vanilla pudding	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 TUESDAY

8/25/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran Flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hot dogs	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Boston baked beans	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Sauerkraut	Steamed mixed vegetable	1 c	Steamed mixed vegetable	1/2 c	Steamed mixed vegetable	1/2 c	Steamed mixed vegetable	1/2 c
Hot dog rolls	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Mustard	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Ketchup	Ketchup	1 pc	Ketchup	2 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled canned pineapple	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Rice diablo w/ meat	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed WK corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Yellow cake w/choc. icing	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 WEDNESDAY

8/26/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Coffee Cake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sloppy Joe	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Oven brown potatoes	Steamed potato	1/2 c	Steamed potato	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Kidney bean salad	Diet kidney bean salad	1/2 c	Diet kidney bean salad	1/2 c	FPC cole slaw	1 ea	FPC cole slaw	1 ea
w/onions and peppers	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Margarine	2 ea	Margarine	2 ea	Canned pears	1 c	Canned pears	1 c
Hawaiian beverage	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
	1% milk	1 c	Hawaiian beverage	1 c				
DINNER:								
Tuscan bean sauce	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine/ketchup	2 ea/1 pc	Margarine/ketchup	2 ea/1 pc	Margarine/mayonnaise	2 ea/1pc	Margarine/mayonnaise	2 ea/1 pc
Orange sherbet	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 THURSDAY

8/27/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Whole grain bagel	Whole grain bagel	1 ea	White bread	2 sl	White bread	2 sl	White bread	2 sl
Cream cheese	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sweet & sour chicken	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
					Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled canned peaches	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Meat sauce	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed peas & carrots	Steamed peas & carrots	1 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Rice pudding	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 FRIDAY

8/28/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Black Bean soup	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
French dressing	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Bkd fish w/garlic sauce	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Seasoned brown rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Vanilla Yogurt	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea
Hot chocolate	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c	Chilled canned peaches	1/2 c
	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 SATURDAY

8/29/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Waffles	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup Du Jour								
Sliced turkey bologna	Sliced turkey bologna	4 sl	Sliced turkey bologna	3 sl	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c
Sliced american cheese	Carrot sticks	1 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c
Chilled macaroni salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Hot dog roll	1 ea	Hot dog roll	1 ea	White bread	2 sl	White bread	2 sl
Mustard	Mustard	1 pc	Mustard	1 pc				
			Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Brd chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Seas. chicken gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed mixed veg	1/2 c	Steamed mixed veg	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Oatmeal cookies	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 4 SUNDAY

8/30/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet syrup*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Home fried potatoes	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled beet salad	Chilled beets	1 c	Chilled beets	1/2 c	Chilled beets	1/2 c	Chilled beets	1/2 c
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Canned mixed fruit	Canned Mixed Fruit	1/2 c	Canned Mixed Fruit	1 c	Canned Mixed Fruit	1 c	Canned Mixed Fruit	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Creamed chicken & gravy	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed whole kernel corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Chocolate pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 MONDAY

8/31/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple jelly	Apple jelly	2 pc	Apple jelly	4 pc	Apple jelly	4 pc	Apple jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Italian style meatballs	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Spaghetti w/ tomato sauce	Spaghetti, plain	1c	Spaghetti, plain	1 c	Spaghetti, plain	1c	Spaghetti, plain	1c
	Tomato sauce	2 oz	Tomato sauce	2 oz	Mayonnaise	1 ea	Mayonnaise	1 ea
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
Garlic hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ez	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Rome Style Lentils	Rome Style Lentils	1 c	Rome Style Lentils	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
					Mayonnaise	1 pc	Mayonnaise	1 pc
Seasoned cabbage	Steamed wax beans	1 c	Steamed wax beans	1/2 c	Steamed wax beans	1/2 c	Steamed wax beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
White cake /choc icing	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 TUESDAY

9/1/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Corn flakes	1 c	Cornflakes	1 c	Corn flakes	1 c
Breakfast Pizza	Scrambled eggs	1/2 c	Scrambled eggs	1/4 c	Scrambled eggs	1/4 c	Scrambled eggs	1/2 c
	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Minestrone Soup	Diet tuna salad	1/2 c	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Tuna Salad	Diet three bean salad	1/2 c	Diet three bean salad	1/2 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c
Three bean salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Potato chips	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Hamburger roll	1 ea	Hamburger roll	1 ea
Hamburger Roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Margarine	2 ea	Margarine	2 ea
Mandarin oranges	Chilled mandarin oranges	1/2 c	Margarine	2 ea	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% Milk	1 c	Chilled mandarin oranges	1 c	Grape beverage	1 c	Grape beverage	1 c
			Grape beverage	1 c				
DINNER:								
Turkey chow mein	Turkey chow mein	1 c	Turkey chow mein	1/2 c	Turkey chow mein	1/2 c	Turkey chow mein	1 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed mixed vegetables	Steamed mixed vegetables	1 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Bread pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Ice Tea	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 WEDNESDAY

9/2/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Coffee Cake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef Hungarian goulash	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Biscuit	Elbow macaroni	1/2 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed whole kernel corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Orange beverage	1 % Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Hot dogs	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
Hot dog rolls	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Potato tots	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed green peas	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
Ketchup	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Mustard	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Cherry Gelatin	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 THURSDAY

9/3/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn Flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Chili con Carne	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Homemade cornbread								
Chilled coleslaw	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled canned pears	Chilled canned pears	1 ea	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Brd chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Whipped potato	Whipped potato	1 c	Whipped potato	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seas. chicken gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Rice pudding	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 FRIDAY

9/4/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Macaroni & cheese	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
	Steamed elbow mac	1c	Steamed elbow mac	1 c	Steamed elbow mac	1 c	Steamed elbow mac	1 c
Stewed tomatoes	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine/Mayonnaise	2 ea/ 1pc	Margarine/Mayonnaise	2 ea/ 1pc
Apple crisp	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Tartar sauce	Ketchup	1 ea	Ketchup	1 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c
Vanilla yogurt	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 SATURDAY

9/5/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Pancakes	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Kidney/Garb bean salad	Diet Kidney/garb salad	1/2 c	Diet Kidney/garb salad	1/2 c	FPC coleslaw	1 ea	FPC coleslaw	1 ea
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	1 sl	White bread	1 sl
	Whole wheat bread	1 sl	White bread	1 sl	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Margarine	2 ea	Margarine	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Hawaiian beverage	1 c	Hawaiian beverage	1 c
	1% Milk	1 c	Hawaiian beverage	1 c				
DINNER:								
Meatball stew	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
	Ketchup	1 ea	Ketchup	1 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
Italian dressing	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Sugar Cookie	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 5 SUNDAY

9/6/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite Banana	Petite banana	1 ea	Petite banana	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole grain bagel	Whole grain bagel	1 ea	White bread	2 sl	White bread	2 sl	White bread	2 sl
Cream cheese	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sloppy Joe	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Home Fried Potatoes	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
BBQ Chicken legs	Chicken legs-NO BBQ	2 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	1 ea	Chicken legs-NO BBQ	2 ea
Potato Salad	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2c
Steamed mixed vegetables	Steamed mixed vegetables	1 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c
White bread	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Vanilla ice cream	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 MONDAY

9/7/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c	Hot oatmeal w/cinnamon	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hamburgers w/ rolls	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hot dogs w/ rolls								
Chilled macaroni salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Boston Baked Beans	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Ketchup/ Mustard	Ketchup/Margarine	1 pc/ 2 ea	Ketchup/Margarine	1 pc/ 2 ea	Mayonnaise/ Marg.	1 pc/ 2 ea	Mayonnaise/ Marg.	1 pc/ 2 ea
Chocolate Ice cream	Chilled fresh orange	1 ea	Chilled fresh orange	2 ea	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Chocolate Milk	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Sliced turkey bologna	Sliced turkey bologna	4 sl	Sliced turkey bologna	3 sl	HC eggs	2 ea	HC eggs	2 ea
Sliced American cheese	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Potato chips	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
White bread	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Fresh orange								
Mustard	Mustard	1 pc	Mustard	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Sugar Cookies	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Orange beverage	1% White Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 TUESDAY

9/8/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
HC Eggs	HC Egg	1 ea					HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Tomato soup								
Grilled cheese sand.	Diet tuna salad	1/2 c	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Chilled Coleslaw	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea
	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
			Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Canned peaches	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Baked salisbury steak	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seasoned gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Stewed tomatoes	Steamed mixed vegetables	1 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 WEDNESDAY

9/9/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot Oatmeal	Hot Oatmeal	1 c	Hot Oatmeal	1 c	Hot Oatmeal	1 c	Hot Oatmeal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Italian sausage	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
Sauteed peppers/onions	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Chicken Curry	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed mustard greens	Steamed mustard greens	1 c	Steamed mustard greens	1/2 c	Steamed mustard greens	1/2 c	Steamed mustard greens	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
					Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Yellow cake w/ van. Icing	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 THURSDAY

9/10/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
Vanilla yogurt	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Van. Yogurt / HC egg	1 ea / 1 ea
Whole wheat toast	Whole wheat toast	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Turkey ham steak	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Whipped potatoes	Whipped potatoes	1/2 c	Whipped potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Seasoned gravy								
Seasoned cabbage	Steamed green peas	1 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margaraine	Ketchup/ Margarine	1 pc/ 2 ea	Ketchup/Margarine	1 pc/ 2 ea	Mayonnaise/ Margarine	1 pc/ 2 ea	Mayonnaise/ Margarine	1 pc/ 2 ea
Chilled mandarin oranges	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
BBQ chicken cubes	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
Cornbread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Raspberry Gelatin	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Grape beverage	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 FRIDAY

9/11/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Breakfast sausage gravy	Bran Flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Homemade Biscuit	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 sl	Pizza	1 sl	Pizza	1 sl	Pizza	1 sl
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
French dressing	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Grape beverage	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Marinara sauce w/	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Fudge brownie	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian beverage	1 % Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 SATURDAY

9/12/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
French Toast	French Toast	2 ea	French Toast	2 ea	French Toast	2 ea	French Toast	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Black beans in sauce	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef patty	1 ea	Diet beef patty	1 ea
Steamed white rice	Steamed white rice	1/2c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed Whole kernel corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
					Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Canned mixed fruit	Canned mixed fruit	1/2 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Breaded chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
French fried potatoes	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Hamburger roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Rice pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Ice tea	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 6 SUNDAY

9/13/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef cacciatore	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Spaghetti	Spaghetti	1 c	Spaghetti	1 c	Spaghetti	1 c	Spaghetti	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine/ketchup	2 ea/1 pc	Margarine/ketchup	2 ea/1 pc	Margarine/mayonnaise	2 ea/ 1pc	Margarine/mayonnaise	2 ea/ 1pc
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Hawaiin beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Creamed chix & gravy	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed peas & carrots	Steamed peas & carrots	1 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Raspberry sherbet	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 MONDAY

9/14/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hamburger patty	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Potato chips	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Pickle spear	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Smokey Beans	Smokey Beans	1 c	Smokey Beans	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
					Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Seas. zucchini w/ sauce	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 TUESDAY

9/15/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Cinnamon donuts	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Chili con carne	Diet kidney bean entree	1 c	Diet kidney bean entree	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Coleslaw	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea	FPC coleslaw	1 ea
Cornbread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Fresh Orange	Orange	1 ea	Orange	2 ea	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Breaded veal patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Spaghetti w/ tomato sauce	Spaghetti, plain	1 c	Spaghetti, plain	1 c	Spaghetti, plain	1 c	Spaghetti, plain	1 c
	Tomato sauce on side	2 oz	Tomato sauce on side	2 oz	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed green beans	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Chilled applesauce	1/2 c	Chilled applesauce	1/2 c	Chilled applesauce	1/2 c	Chilled applesauce	1/2 c
Vanilla Yogurt	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea	Vanilla Yogurt	1 ea
Grape Beverage	1% Milk	1 cup	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 WEDNESDAY

9/16/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Coffee cake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Spicy Chicken Fiesta	Spicy Chicken Fiesta	1 cup	Spicy Chicken Fiesta	1/2 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Steamed white rice	Steamed white rice	1 cup	Steamed white rice	1 cup	Steamed white rice	1 cup	Steamed white rice	1 cup
Tossed Green Salad	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup	Tossed Green Salad	1 cup
Italian dressing	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled canned pineapple	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Navy bean soup	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Kidney/garbanzo salad	Diet kidn/garb salad	1/2 c	Diet kidn/garb salad	1/2 c	Celery sticks	1/2 c	Celery sticks	1/2 c
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	1 sl	White bread	1 sl
	Whole wheat bread	1 sl	White bread	1 sl	Margarine	2 ea	Margarine	2 ea
Chocolate chip cookie	Margarine	2 ea	Margarine	2 ea	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Orange beverage	1 c	Orange beverage	1 c
	1% milk	1 c	Orange beverage	1 c				
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 THURSDAY

9/17/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
Scrambled eggs	Scrambled eggs	1/2 c	Scrambled eggs	1/4 c	Scrambled eggs	1/4 c	Scrambled eggs	1/2 c
White toast	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	1 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Vegetable soup								
Tuna salad	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Three bean salad	Diet three bean salad	1/2 c	Diet three bean salad	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	1 sl	White bread	1 sl
	Whole wheat bread	1 sl	White bread	1 sl	Mayonnaise	1 pc	Mayonnaise	1 pc
	Ketchup	1 pc	Ketchup	1 pc	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Margarine	2 ea	Margarine	2 ea	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Grape beverage	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Grape beverage	1 c	Grape beverage	1 c
	1% Milk	1c	Grape beverage	1 c				
DINNER:								
Breaded chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Seas chicken gravy								
Whipped potatoes	Whipped potatoes	1/2 c	Whipped potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed whole kernel corn	Steamed whole kernel corn	1 c	Steamed whole kernel corn	1/2 c	Steamed whole kernel corn	1/2 c	Steamed whole kernel corn	1/2 c
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Orange gelatin	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Iced Tea	1% Milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 FRIDAY

9/18/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Grape Jelly	Grape Jelly	2 pc	Grape jelly	4 pc	Grape jelly	4 pc	Grape jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Bkd Macaroni & Cheese	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Stewed tomatoes	Elbows, steamed	1 c	Elbows, steamed	1 c	Elbows, steamed	1 c	Elbows, steamed	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% Milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	2 ea
Tartar sauce	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Seasoned brown rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Choc cake/Van icing	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1 % Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 SATURDAY

9/19/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Pancakes	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup du jour								
Sliced turkey salami	Sliced turkey salami	4 sl	Sliced turkey salami	3 sl	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Sliced american cheese	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea
Chilled potato salad	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Hot dog roll	1 ea	Hot dog roll	1 ea	White bread	2 sl	White bread	2 sl
Mustard	Mustard	1 pc	Mustard	1 pc				
			Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Turkey Ham & Potato Cass.	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
	Boiled potatoes	1/2 c	Boiled potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed green peas	Steamed green peas	1 cup	Steamed green peas	1/2 c	Steamed green peas	1/2 c	Steamed green peas	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate Ice Cream	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 7 SUNDAY

9/20/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Apple juice	2 ea	Apple juice	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Meat sauce	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes	1/2 c
Spaghetti	Spaghetti	1/2 c	Spaghetti	1/2 c	Spaghetti	1/2 c	Spaghetti	1/2 c
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed mixed vegetables	1/2 c	Steamed mixed vegetables	1/2 c
White bread	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled applesauce	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
BBQ Chicken legs	Chicken legs -NO BBQ	2 ea	Chicken legs -NO BBQ	1 ea	Chicken legs -NO BBQ	1 ea	Chicken legs -NO BBQ	2 ea
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled bread pudding	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 MONDAY

9/21/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple jelly	Apple jelly	2 pc	Apple jelly	4 pc	Apple jelly	4 pc	Apple jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Turkey vegetable stew	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet Beef Cubes	1/4 c	Diet Beef Cubes	1/2 c
	Steamed white rice	1 c	Steamed white rice	1/2 c	Steamed white rice	1/2 c	Steamed white rice	1/2 c
FPC Coleslaw	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC coleslaw	1 ea
Biscuit	Whole wheat bread	1 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
					Mayonnaise	1 pc	Mayonnaise	1 pc
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Meatballs w/ sauce	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Lyonnaise potatoes	Boiled potatoes	1/2 c	Boiled potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed whole kernel corn	Steamed whole kernel corn	1 c	Steamed whole kernel corn	1/2 c	Steamed whole kernel corn	1/2 c	Steamed whole kernel corn	1/2 c
Hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Vanilla Pudding	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 TUESDAY

9/22/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice	2 ea
Bran flakes	Bran Flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Hot dogs	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Mustard/Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Boston baked beans	Steamed potato	1/2 c	Steamed potato	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c
Sauerkraut	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Hot dog roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled canned pineapple	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Hawaiian Beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Haeaiian beverage	1 c
DINNER:								
Spanish rice w/ meat	Diet Beef cubes	1/2 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/2 c
	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Chilled beet salad	Chilled beets	1 c	Chilled beets	1/2 c	Chilled beets	1/2 c	Chilled beets	1/2 c
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Yellow cake/choc icing	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 WEDNESDAY

9/23/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot wheat cereal	Hot wheat cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
							HC Egg	1 ea
Coffee Cake	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sloppy Joe	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea
Oven brown potatoes	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Kidney bean salad	Diet kidney bean salad	1/2 c	Diet kidney bean salad	1/2 c	FPC cole slaw	1 ea	FPC cole slaw	1 ea
w/ onions and peppers					Margarine	2 ea	Margarine	2 ea
Chilled canned pears	Chilled canned pears	1/2 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
DINNER:								
Tuscan bean sauce	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet Beef Cubes	1/4 c	Diet Beef Cubes	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Fresh carrot coins	Fresh carrot coins	1 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c	Fresh carrot coins	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
					Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Orange sherbet	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 THURSDAY

9/24/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2ea
Corn flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes	1 c
							HC Egg	1 ea
Whole grain bagel	Whole grain bagel	1 ea	White bread	2 sl	White bread	2 sl	White bread	2 sl
Cream cheese	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Sweet & Sour Chicken	Diet Beef cubes	1/2 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/2 c
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed Carrots	Steamed Carrots	1 c	Steamed Carrots	1/2 c	Steamed Carrots	1/2 c	Steamed Carrots	1/2 c
White bread	Whole Wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chilled mandarin oranges	Chilled mandarin oranges	1/2 c	Chilled mandarin oranges	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER								
Meat sauce	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Steamed peas & carrots	Steamed peas & carrots	1 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c	Steamed peas & carrots	1/2 c
White bread	Whole Wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine/Ketchup	2 ea/ 1pc	Margarine/ketchup	2 ea/1pc	Margarine/mayonnaise	2 ea/1 pc	Margarine/mayonnaise	2 ea/1 pc
Rice pudding	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 FRIDAY

9/25/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Grape juice	Grape juice	1 ea	Grape juice	2 ea	Grape juice	2 ea	Grape juice	2 ea
Hot Oatmeal cereal	Hot Oatmeal cereal	1 c	Hot Oatmeal cereal	1 c	Hot Oatmeal cereal	1 c	Hot Oatmeal cereal	1 c
							HC Egg	1 ea
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	White toast	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Black Bean soup	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza with Cheese	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
French dressing	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc	Diet French dressing	1 pc
	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled applesauce	1/2 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
DINNER:								
Bkd fish w/garlic sauce	Unbreaded fish	2 ea	Unbreaded fish	1 ea	Unbreaded fish	1 ea	Unbreaded fish	2 ea
Seasoned brown rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Kidney bean creole	Steamed green beans	1 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c	Steamed green beans	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Vanilla yogurt	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea	Vanilla yogurt	1 ea
Hot chocolate	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1/2 c
	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 SATURDAY

9/26/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
Waffles	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea	Waffles	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	B =diet syrup	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*	*B =diet syrup*	*B= 2 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Soup Du Jour								
Sliced turkey bologna	Sliced turkey bologna	4 sl	Sliced turkey bologna	3 sl	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Slice American cheese	Carrot sticks	1 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c	Carrot sticks	1/2 c
Macaroni Salad	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Hot dog roll	1 ea	Hot dog roll	1 ea	Hot dog roll	1 ea	Hot dog roll	1 ea
Mustard	Mustard	2 ea	Mustard	2 ea	Maragarine	2 ea	Maragarine	2 ea
Chilled applesauce	Chilled applesauce	1/2c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Brd chicken patty	Diet Kidney bean entrée	1 c	Diet Kidney bean entrée	1/2 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/2 c
Seas chicken gravy					Mayonnaise	2 ea	Mayonnaise	2 ea
Whipped potatoes	Whipped potatoes	1 c	Whipped potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Stmd peas & carrots	1/2 c	Stmd peas & carrots	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Oatmeal Cookies	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Hawaiian beverage	1% milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*

NYSDOCCS' MODIFIED MENU

WEEK 8 SUNDAY

9/27/2026

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c
							HC Egg	1 ea
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread	2 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly	4 pc
	B =diet jelly	*B= 2 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*	*B =diet jelly*	*B= 4 pc*
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	B= sugar sub	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*	*B= sugar sub*	*B= 4 pkts*
LUNCH:								
Beef pepper steak	Diet Beef cubes	1/2 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/4 c	Diet Beef cubes	1/2 c
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c
Seasoned cabbage	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Canned mixed fruit	Canned mixed fruit	1/2 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c	Canned mixed fruit	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
DINNER:								
Jamaican beef patty	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed whole kernel corn	Steamed WH corn	1 c	Steamed WH corn	1/2 c	Steamed WH corn	1/2 c	Steamed WH corn	1/2 c
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine/Ketchup	2 ea/ 1pc	Margarine/ketchup	2 ea/1pc	Margarine/mayonnaise	2 ea/1 pc	Margarine/mayonnaise	2 ea/1 pc
Chocolate pudding	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:	***EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY***							
none available	*B = Whole wheat bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*	*B = White bread*	*B = 2 sl*
	B = Meat or cheese	*B = 1 sl*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*	*B = Diet jelly*	*B = 4 pc*
			B = Margarine	*B = 2 ea*	*B = Margarine*	*B = 2 ea*	*B = Margarine*	*B = 2 ea*