

NYSDOCCS' MODIFIED MENU

WEEK 1 MONDAY

11/25/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple jelly	Apple jelly 2 pc <i>B = diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Chili con carne	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty 1 ea
Steamed white rice	Steamed white rice 1c	Steamed white rice 1c	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	Steamed white rice 1c	Steamed white rice 1c
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread 1 sl
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Margarine 2 ea	Margarine 2 ea
Hawaiian bev	1% Milk 1 c	Hawaiian bev 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
DINNER:				
Meatloaf	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diced beef cubes 1/2 c
Gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c
White bread/ Margarine	Whole wheat bread/Marg 1 sl/ 2 ea	White bread/ Marg. 1 sl/ 2 pc	White bread/ Marg. 1 sl/ 2 pc	White bread/ Marg. 1 sl/ 2 pc
White cake /choc icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
none available	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 TUESDAY

11/26/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs 1/2 c
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B=4 pc</i>	<i>B = diet jelly B=4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Tomato Soup				
Tuna salad	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad 1/2 c
3- bean salad	Diet 3 bean salad 1/2 c	Diet 3 bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Hamburger Roll	Diet Italian dressing 1 pc	Diet italian dressing 1 pc	Hamburger roll 1 ea	Hamburger roll 1 ea
Chilled canned peaches	Hamburger roll 1 ea	Hamburger roll 1 ea	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Grape bev	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Grape bev 1 c	Grape bev 1 c
	1% Milk 1 c	Grape bev 1 c		
DINNER:				
Rome Style Lentils	Rome Style Lentils 1 c	Rome Style Lentils 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
			Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
White bread/ Margarine	Whole wheat bread/Marg 1 sl/2 ea	White bread/ Margarine 1 sl/ 2 ea	White bread 1 sl	White bread 1 sl
Bread Pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Margarine 2 ea	Margarine 2 ea
Iced Tea	1% Milk 1 c	Iced Tea 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
			Iced Tea 1 c	Iced Tea 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 WEDNESDAY

11/27/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B=4 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein 1 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Mixed vegetables	Mixed vegetables 1 c	Mixed vegetables 1/2 c	Mixed vegetables 1/2 c	Mixed vegetables 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Hot dogs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Hot dog rolls	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Potato tots	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c
Mustard	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Ketchup	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Cherry Gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 THURSDAY

11/28/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn Flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
SI Roast Turkey w/ gravy	Sliced Roast Turkey 1-2oz sl	Sliced Roast Turkey 1- 2oz sl	Sliced Roast Turkey 1-2oz sl	Sliced Roast Turkey 1- 2 oz sl
Whipped Potatoes	Whipped Potatoes 1 c	Whipped Potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Bread dressing				
Steamed sliced carrots	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c
Cranberry sauce				
Rolls/Margarine	Dinner Roll/Margarine 1 ea/ 2 ea	Dinner Roll/Margarine 1 ea/ 2 ea	Dinner Roll/Margarine 1 ea/ 2 ea	Dinner Roll/ Margarine 1 ea/ 2 ea
Ice cream sundae	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape Beverage	1% milk 1 c	Grape Beverage 1 c	Grape Beverage 1 c	Grape Beverage 1 c
DINNER:				
Sliced Turkey Salami	Sliced Turkey Salami 4 sl	Sliced Turkey Salami 3 sl	HC egg 2 ea	HC egg 2 ea
American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Potato chips	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Mustard	Mustard 1 pc	Mustard 1 pc	Margarine 2 ea	Margarine 2 ea
Sugar cookies				
Chilled fresh apple	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 FRIDAY

11/29/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Macaroni & cheese	Kidney bean entrée 1 c	Kidney bean entrée 1/2 c	Diet Beef patty 1 ea	Diet beef patty 1 ea
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c
Stewed tomatoes	Steamed Wax beans 1 c	Steamed Wax beans 1/2 c	Steamed Wax beans 1/2 c	Steamed Wax beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea
Hawaiian beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 SATURDAY

11/30/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Pancakes 2 ea
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Margarine 2 ea
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Coffee 1 c
				Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Sloppy Joe	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Homefried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Steamed Green Peas	Steamed green peas 1 cup	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Meatball stew	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc
Whole wheat bread	Whole wheat bread/marg. 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine 1 sl/2ea
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled rice pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 1 SUNDAY

12/1/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	White bread 2 sl
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup du jour	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Green Chili Burrito	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Salsa Sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 2 ea
Potato salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Kidney/garb bean salad	Diet kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
White bread	Diet Italian dressin 1 pc	Diet Italian dressin 1 pc	White bread 2 sl	White bread 2 sl
Margarine	Whole wheat bread 2 sl	White bread 2 sl	Margarine 2 ea	Margarine 2 ea
Gingerbread w/ Icing	Margarine 2 ea	Margarine 2 ea	Chilled canned pears 1 c	Chilled canned pears 1 c
Grape beverage	Chilled canned pears 1 c	Chilled canned pears 1 c	Grape beverage 1 c	Grape beverage 1 c
	1% milk 1 c	Grape beverage 1 c		
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 MONDAY

12/2/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Beef Chow Mein	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Sliced carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Jamaican beef patty	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
			Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seasoned cabbage	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Raspberry gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Chocolate milk	1% white milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 TUESDAY

12/3/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
HC Eggs	HC Egg 1 ea			HC Egg 1 ea
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c
White bread	Whole wheat bread/marg 1 sl/2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine 1 sl/ 2 ea
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 WEDNESDAY

12/4/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup du jour				
Italian Sausage	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Sauteed peppers & onions	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Hot dog roll	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled fresh orange	Chilled fresh orange 1 ea	Chilled fresh orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Turkey ala king	Turkey ala king 1 c	Turkey ala king 1/2 c	Turkey ala king 1/2 c	Turkey ala king 1 c
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Sugar cookies	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 THURSDAY

12/5/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Vanilla yogurt	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Van. Yogurt / HC egg 1/2 c / 1 ea
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hot dogs	Diet Beef Patty 1 ea	Diet Beef Patty 1 ea	Diet Beef Patty 1 ea	Diet Beef Patty 1 ea
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
BBQ chicken cubes	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Raspberry sherbet	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 FRIDAY

12/6/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Tomato soup				
Grilled Cheese sand.	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad 1/2 c
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Potato chips	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
		Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Marinara sauce w/	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable 1/2 c
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Yellow cake w/van icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hot Chocolate	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 SATURDAY

12/7/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Crispy rice cereal 1 c	Crispy rice cereal 1 c	Crispy rice cereal 1 c
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Waffles 2 ea
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Margarine 2 ea
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Coffee 1 c
				Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty 1 ea
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread 1 sl
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Margarine 2 ea	Margarine 2 ea
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c
			Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Breaded chicken patty	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
French fried potatoes	Steamed potatoes 1/2 c	Steamed potatoes 1/2 c	Spaghetti 1/2 c	Spaghetti 1/2 c
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Fudge brownie	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 2 SUNDAY

12/8/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B = diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup du jour	HC egg 1 ea	HC egg 1 ea	HC egg 1 ea	HC egg 1 ea
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
SI Roast turkey	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Bread dressing	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Rice pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 MONDAY

12/9/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hamburger patties	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Hamburger rolls	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Potato chips	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Breaded veal patty	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Spaghetti w/tom sauce	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c
	Tomato sauce on side 2 oz	Tomato sauce on side 2 oz	Mayonnaise 1 pc	Mayonnaise 1 pc
Seasoned cabbage	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chocolate pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 TUESDAY

12/10/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs 1/2 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Vegetable Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4c	Diet tuna salad 1/4c	Diet tuna salad 1/2 c
Tuna Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	FPC coleslaw 1 ea	FPC coleslaw 1 ea
White bread	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	White bread 2 sl	White bread 2 sl
	Whole wheat bread 2 sl	White bread 2 sl	Margarine 2 ea	Margarine 2 ea
Chilled fresh apple	Margarine 2 ea	Margarine 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Orange beverage	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Orange beverage 1 c	Orange beverage 1 c
	1% milk 1 c	Orange beverage 1 c		
DINNER:				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc
White Bread	Whole Wheat Bread 1 sl	White Bread 1 sl	White Bread/margarine 1 sl./ 2ea	White Bread/margarine 1 sl./ 2ea
Margarine	Margarine 2 ea	Margarine 2 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea
Grape Beverage	1% Milk 1 c	Grape Beverage 1 c	Grape Beverage 1 c	Grape Beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 3 WEDNESDAY
12/11/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cerea	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Coffeecake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Smokey Beans	Smokey beans 1 c	Smokey Beans 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seasoned zucchini in sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Mayonnaise 1 pc	Mayonnaise 1 pc
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread 1 sl
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Margarine 2 ea	Margarine 2 ea
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
			Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece
Kidney/Garbanzo Salad	Diet Kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks 1/2 c
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	White bread 1 sl	White bread 1 sl
	Whole wheat bread 1 sl	White bread 1 sl	Margarine 2 ea	Margarine 2 ea
Chocolate chip cookies	Margarine 2 ea	Margarine 2 ea	Chilled applesauce 1 c	Chilled applesauce 1 c
Orange beverage	Chilled applesauce 1 c	Chilled applesauce 1 c	Orange beverage 1 c	Orange beverage 1 c
	1% milk 1 c	Orange beverage 1 c		
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 THURSDAY

12/12/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
White Toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly b= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Chili Con Carne	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed White Rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Chilled Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Homemade Corn bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Fresh orange	Fresh orange 1 ea	Fresh orange 2 ea	Chilled canned pears 1 c	Chilled canned pears 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Whipped Potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seas. Chicken gravy	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Orange gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Ice tea	1% Milk 1c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 FRIDAY

12/13/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Macaroni and cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c
Stewed tomatoes	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise 2 ea/1pc
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Choc cake/Van icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 SATURDAY

12/14/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Syrup 2 pc
	<i>B=diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup du jour				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	Diet tuna salad 1/4c	Diet tuna salad 1/2 c
Sliced American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Potato salad	Diet potato salad 1/2 C	Diet potato salad 1/2 C	Diet macaroni salad 1/2 C	Diet macaroni salad 1/2 C
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	White bread 2 sl	White bread 2 sl
Mustard	Mustard 1 pc	Mustard 1 pc	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Meatloaf	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Seasoned brown gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Boiled potatoes	Boiled potatoes 1/2 c	Boiled potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chocolate Ice Cream	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup
Hot Chocolate	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 3 SUNDAY

12/15/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Meat sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Spaghetti	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
White bread	Whole wheat bread 1 ea	white bread 1 ea	White bread 1 ea	White bread 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 2 ea
Steamed rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed cut greenbean	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 4 MONDAY

12/16/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Beef vegetable stew	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Biscuit	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Meatballs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Tomato sauce	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Hot dog roll	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Lyonnaise potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
Vanilla pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 4 TUESDAY

12/17/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Sauerkraut	Steamed mixed vegetable 1 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable 1/2 c
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Mustard	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Ketchup	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Rice diablo w/ meat	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty 1 ea
	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
			Mayonnaise 1 pc	Mayonnaise 1 pc
Yellow cake w/choc. icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 4 WEDNESDAY
12/18/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly</i> B= 2 pc	<i>B =diet jelly</i> B= 4 pc	<i>B =diet jelly</i> B= 4 pc	<i>B =diet jelly</i> B= 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts
LUNCH:				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Oven brown potatoes	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw 1 ea
w/onions and peppers	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Margarine 2 ea	Margarine 2 ea
Chilled mandarin oranges	Margarine 2 ea	Margarine 2 ea	Canned pears 1 c	Canned pears 1 c
Hawaiian beverage	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
	1% milk 1 c	Hawaiian beverage 1 c		
DINNER:				
Tuscan bean sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc
Orange sherbet	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl
	<i>B = Meat or cheese</i> B= 1 sl	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc
		<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea

NYSDOCCS' MODIFIED MENU

WEEK 4 THURSDAY

12/19/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	White bread 2 sl
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Sweet & sour chicken	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed sliced carrots	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
			Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Meat sauce	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Rice pudding	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 4 FRIDAY

12/20/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Bkd fish w/garlic sauce	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Vanilla Yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea
Hot chocolate	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c
	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 4 SATURDAY

12/21/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Waffles 2 ea
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Margarine 2 ea
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Coffee 1 c
				Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup Du Jour				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c
Sliced american cheese	Carrot sticks 1 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c
Chilled macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	White bread 2 sl	White bread 2 sl
Mustard	Mustard 1 pc	Mustard 1 pc	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed veg 1/2 c	Steamed mixed veg 1/2 c
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Oatmeal cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 4 SUNDAY

12/22/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet syrup B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Home fried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled beet salad	Chilled beets 1 c	Chilled beets 1/2 c	Chilled beets 1/2 c	Chilled beets 1/2 c
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Canned mixed fruit	Canned Mixed Fruit 1/2 c	Canned Mixed Fruit 1 c	Canned Mixed Fruit 1 c	Canned Mixed Fruit 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Creamed chicken & gravy	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 5 MONDAY

12/23/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Italian style meatballs	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Spaghetti w/ tomato sauce	Spaghetti, plain 1c Tomato sauce 2 oz	Spaghetti, plain 1 c Tomato sauce 2 oz	Spaghetti, plain 1c Mayonnaise 1 ea	Spaghetti, plain 1c Mayonnaise 1 ea
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Garlic hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ez	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Rome Style Lentils	Rome Style Lentils 1 c	Rome Style Lentils 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seasoned cabbage	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Mayonnaise 1 pc	Mayonnaise 1 pc
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread 1 sl
White cake /choc icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Margarine 2 ea	Margarine 2 ea
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
			Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 5 TUESDAY

12/24/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Cornflakes 1 c	Corn flakes 1 c
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs 1/2 c
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Minestrone Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad 1/2 c
Tuna Salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c
Three bean salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Potato tots	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Hamburger roll 1 ea	Hamburger roll 1 ea
Hamburger Roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Margarine 2 ea	Margarine 2 ea
Mandarin oranges	Chilled mandarin oranges 1/2 c	Margarine 2 ea	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Grape beverage	1% Milk 1 c	Chilled mandarin oranges 1 c	Grape beverage 1 c	Grape beverage 1 c
		Grape beverage 1 c		
DINNER:				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein 1 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Ice Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 5 WEDNESDAY

12/25/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B = diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Baked Chicken breast	Unbreaded baked Chix Br 1 ea	Unbreaded baked Chix Br 2 oz	Unbreaded baked Chix Br 2 oz	Unbreaded baked Chix Br 1 ea
Seasoned Chicken gravy				
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
Dinner rolls	Dinner roll 1 ea	Dinner roll 1 ea	Dinner roll 1 ea	Dinner roll 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Ice cream Sundae	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	HC eggs 2 ea	HC eggs 2 ea
American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Mustard	Mustard 1 pc	Mustard 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled fresh apple	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Sugar cookies				
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 5 THURSDAY
12/26/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn Flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Whole wheat toast	Whole wheat toast 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Chili con Carne	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Homemade cornbread				
Chilled coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled canned pears	Chilled canned pears 1 ea	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Whipped potato	Whipped potato 1 c	Whipped potato 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Rice pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 5 FRIDAY

12/27/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea White toast 2 sl
Margarine	Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Macaroni & cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty 1 ea
Stewed tomatoes	Steamed elbow mac 1c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c
White bread	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Margarine	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Apple crisp	Margarine 2 ea	Margarine 2 ea	Margarine/Mayonnaise 2 ea/ 1pc	Margarine/Mayonnaise 2 ea/ 1pc
Grape beverage	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Tartar sauce	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Vanilla yogurt	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c
Lemon beverage	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea
	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 5 SATURDAY
12/28/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
Pancakes	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Syrup	2 pc
	<i>B =diet syrup</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 2 pc</i>
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>
LUNCH:								
Soup du jour	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea	HC egg, cold	1 ea
Pizza	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece	Pizza	1 piece
Kidney/Garb bean salad	Diet Kidney/garb salad	1/2 c	Diet Kidney/garb salad	1/2 c	FPC coleslaw	1 ea	FPC coleslaw	1 ea
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	White bread	1 sl	White bread	1 sl
	Whole wheat bread	1 sl	White bread	1 sl	Margarine	2 ea	Margarine	2 ea
Chilled fresh apple	Margarine	2 ea	Margarine	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea
Hawaiian beverage	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Hawaiian beverage	1 c	Hawaiian beverage	1 c
	1% Milk	1 c	Hawaiian beverage	1 c				
DINNER:								
Meatball stew	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey	1/2 c
	Ketchup	1 ea	Ketchup	1 ea	Mayonnaise	1 pc	Mayonnaise	1 pc
Steamed white rice	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Tossed green salad	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c	Tossed green salad	1 c
Italian dressing	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Cherry Gelatin	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage	1 c
EVENING SNACK:								
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY							
	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 5 SUNDAY

12/29/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Home Fried Potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 2 ea
Potato Salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2c
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Vanilla ice cream	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 6 MONDAY

12/30/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly</i> B= 2 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts
LUNCH:				
Turkey ham steak	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Seasoned cabbage	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Jamaican beef patty	Diet Kidney bean entrée 1 c	Diet Kidney bean entrée 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Yellow cake/Vanilla icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Margarine 2 ea	Margarine 2 ea
Chocolate milk	1% White Milk 1 c	Orange beverage 1 c	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
			Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl
	<i>B = Meat or cheese</i> B= 1 sl	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc
		<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea

NYSDOCCS' MODIFIED MENU
WEEK 6 TUESDAY
12/31/2024

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
HC Eggs	HC Egg 1 ea			HC Egg 1 ea
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/ 1pc	Margarine/mayonnaise 2 ea/ 1pc
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Hawaiin beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chocolate pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 6 WEDNESDAY

1/1/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Baked Chicken breast	Unbreaded chicken breast 1 ea	Unbreaded chicken breast 2 oz	Unbreaded chicken br. 2 oz	Unbreaded chicken br. 1 ea
Seasoned Chicken gravy				
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c
Dinner Rolls	Dinner roll 1 ea	Dinner roll 1 ea	Dinner roll 1 ea	Dinner roll 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Ice cream sundae	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	HC eggs 2 ea	HC eggs 2 ea
American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Mustard	Mustard 1 pc	Mustard 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Sugar cookies	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled fresh orange	Chilled fresh orange 2 ea	Chilled fresh orange 2 ea	Chilled fresh orange 2 ea	Chilled fresh orange 2 ea
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 6 THURSDAY

1/2/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Van. Yogurt / HC egg 1 ea / 1 ea
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Boston baked beans	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Sauerkraut	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
Hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
	Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
BBQ chicken cubes	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Raspberry Gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 6 FRIDAY

1/3/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
Plain Donut	Whole wheat bread 2 sl Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Tomato soup				
Grilled cheese sand.	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad 1/2 c
Chilled macaroni salad	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea
Potato chips	Diet potato salad 1/2 c Whole wheat bread 2 sl	Diet potato salad 1/2 c White bread 2 sl Margarine 2 ea	Diet macaroni salad 1/2 c White bread 2 sl Margarine 2 ea	Diet macaroni salad 1/2 c White bread 2 sl Margarine 2 ea
Canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Marinara sauce w/ Elbow macaroni	Unbreaded fish fillet 2 ea Elbow macaroni 1 c	Unbreaded fish fillet 1 ea Elbow macaroni 1 c	Unbreaded fish fillet 1 ea Elbow macaroni 1 c	Unbreaded fish fillet 2 ea Elbow macaroni 1 c
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Whole wheat bread	Whole wheat bread 1 sl Ketchup 1 pc	White bread 1 sl Ketchup 1 pc	White bread 1 sl Mayonnaise 1 pc	White bread 1 sl Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Fudge brownie	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hawaiian beverage	1 % Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 6 SATURDAY
1/4/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	French Toast 2 ea
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine 2 ea
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup 2 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup B= 2 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty 1 ea
Steamed white rice	Steamed white rice 1/2c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed Whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Mayonnaise 1 pc	Mayonnaise 1 pc
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Margarine 2 ea	Margarine 2 ea
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c
			Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Breaded chicken patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
French fried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Rice pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Ice tea	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 6 SUNDAY

1/5/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup du jour	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea
Pizza	Pizza 1 sl	Pizza 1 sl	Pizza 1 sl	Pizza 1 sl
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Creamed chix & gravy	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Raspberry sherbet	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 7 MONDAY

1/6/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hamburger patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Smokey Beans	Smokey Beans 1 c	Smokey Beans 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Mayonnaise 1 pc	Mayonnaise 1 pc
Seas. zucchini w/ sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green beans 1/2 c	Steamed green beans 1/2 c
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread 1 sl
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Margarine 2 ea	Margarine 2 ea
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
			Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 7 TUESDAY

1/7/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Cinnamon donuts	Whole wheat bread 2 sl Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Chili con carne	Diet kidney bean entree 1 c	Diet kidney bean entree 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea Mayonnaise 1 pc	Margarine 2 ea Mayonnaise 1 pc
Fresh Orange	Orange 1 ea	Orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Breaded veal patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Spaghetti w/ tomato sauce	Spaghetti, plain 1 c Tomato sauce on side 2 oz	Spaghetti, plain 1 c Tomato sauce on side 2 oz	Spaghetti, plain 1 c Mayonnaise 1 pc	Spaghetti, plain 1 c Mayonnaise 1 pc
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea Chilled applesauce 1/2 c	Margarine 2 ea Chilled applesauce 1/2 c	Margarine 2 ea Chilled applesauce 1/2 c	Margarine 2 ea Chilled applesauce 1/2 c
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea
Grape Beverage	1% Milk 1 cup	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 7 WEDNESDAY

1/8/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Coffee cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly</i> B= 2 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts
LUNCH:				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
			Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece
Kidney/garbanzo salad	Diet kidn/garb salad 1/2 c	Diet kidn/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks 1/2 c
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	White bread 1 sl	White bread 1 sl
	Whole wheat bread 1 sl	White bread 1 sl	Margarine 2 ea	Margarine 2 ea
Chocolate chip cookie	Margarine 2 ea	Margarine 2 ea	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Orange beverage 1 c	Orange beverage 1 c
	1% milk 1 c	Orange beverage 1 c		
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl
	<i>B = Meat or cheese</i> B= 1 sl	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc
		<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea

NYSDOCCS' MODIFIED MENU

WEEK 7 THURSDAY

1/9/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs 1/2 c
White toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 1 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Vegetable soup				
Tuna salad	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	White bread 1 sl	White bread 1 sl
	Whole wheat bread 1 sl	White bread 1 sl	Mayonnaise 1 pc	Mayonnaise 1 pc
	Ketchup 1 pc	Ketchup 1 pc	Margarine 2 ea	Margarine 2 ea
Chilled mandarin oranges	Margarine 2 ea	Margarine 2 ea	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Grape beverage	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Grape beverage 1 c	Grape beverage 1 c
	1% Milk 1c	Grape beverage 1 c		
DINNER:				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Seas chicken gravy				
Whipped potatoes	Whipped potatoes 1/2 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed whole kernel corn	Steamed whole kernel corn 1 c	Steamed whole kernel corn 1/2 c	Steamed whole kernel corn 1/2 c	Steamed whole kernel corn 1/2 c
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Orange gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Iced Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 7 FRIDAY

1/10/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Grape Jelly	Grape Jelly 2 pc <i>B = diet jelly B= 2 pc</i>	Grape jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Grape jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Grape jelly 4 pc <i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Bkd Macaroni & Cheese	Diet kidney bean entrée 1 c Elbows, steamed 1 c	Diet kidney bean entrée 1/2 c Elbows, steamed 1 c	Diet beef cubes 1/4 c Elbows, steamed 1 c	Diet beef cubes 1/2 c Elbows, steamed 1 c
Stewed tomatoes	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 2 ea
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Choc cake/Van icing	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 7 SATURDAY

1/11/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B	
BREAKFAST:								
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2ea	Apple juice	2 ea
Crispy Rice cereal	Bran flakes	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c	Crispy Rice cereal	1 c
Pancakes	Pancakes	2 ea	Pancakes	2 ea	Pancakes	2 ea	HC Egg	1 ea
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Pancakes	2 ea
Syrup	Syrup	1 pc	Syrup	2 pc	Syrup	2 pc	Margarine	2 ea
	<i>B =diet syrup</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 2 pc</i>	Syrup	2 pc
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	<i>B =diet syrup</i>	<i>B= 2 pc</i>
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	1% Milk	1 c
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Coffee	1 c
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	Sugar	6 pkts
							<i>B= sugar sub</i>	<i>B= 4 pkts</i>
LUNCH:								
Soup du jour								
Sliced turkey salami	Sliced turkey salami	4 sl	Sliced turkey salami	3 sl	Diet tuna salad	1/4 c	Diet tuna salad	1/2 c
Sliced american cheese	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea
Chilled potato salad	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad	1/2 c
Hot dog roll	Hot dog roll	1 ea	Hot dog roll	1 ea	White bread	2 sl	White bread	2 sl
Mustard	Mustard	1 pc	Mustard	1 pc	Margarine	2 ea	Margarine	2 ea
Apple crisp	Chilled canned pineapple	1/2 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage	1 c
DINNER:								
Sliced baked meatloaf	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea	Diet beef patty	1 ea
Seasoned brown gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise	1 pc
Boiled potatoes	Boiled potatoes	1 c	Boiled potatoes	1 c	Steamed white rice	1 c	Steamed white rice	1 c
Steamed carrots	Steamed carrots	1 cup	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread	1 sl
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea
Chocolate Ice Cream	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage	1 c
EVENING SNACK:								
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY							
	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 7 SUNDAY
1/12/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Meat sauce	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes 1/2 c
Spaghetti	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti 1/2 c
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
BBQ Chicken legs	Chicken legs -NO BBQ 2 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ 2 ea
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled bread pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 8 MONDAY

1/13/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple jelly	Apple jelly 2 pc <i>B = diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Turkey vegetable stew	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet Beef Cubes 1/4 c	Diet Beef Cubes 1/2 c
	Steamed white rice 1 c	Steamed white rice 1/2 c	Steamed white rice 1/2 c	Steamed white rice 1/2 c
FPC Coleslaw	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC coleslaw 1 ea
Biscuit	Whole wheat bread 1 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
			Mayonnaise 1 pc	Mayonnaise 1 pc
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Meatballs w/ sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Lyonnais potatoes	Boiled potatoes 1/2 c	Boiled potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed whole kernel corn	Steamed whole kernel corn 1 c	Steamed whole kernel corn 1/2 c	Steamed whole kernel corn 1/2 c	Steamed whole kernel corn 1/2 c
Hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Vanilla Pudding	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 8 TUESDAY

1/14/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice 2 ea
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg 1 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast 2 sl
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine 2 ea
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly B= 4 pc</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee 1 c
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts
				<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Hot dogs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Mustard/Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Boston baked beans	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c
Hot dog roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Hawaiian Beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Haeaiian beverage 1 c
DINNER:				
Spanish rice w/ meat	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/2 c
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Chilled beet salad	Chilled beets 1 c	Chilled beets 1/2 c	Chilled beets 1/2 c	Chilled beets 1/2 c
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Yellow cake/choc icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 8 WEDNESDAY
1/15/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly B= 2 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>	<i>B = diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Sloppy Joe	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea
Oven brown potatoes	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw 1 ea
w/ onions and peppers			Margarine 2 ea	Margarine 2 ea
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
DINNER:				
Tuscan bean sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet Beef Cubes 1/4 c	Diet Beef Cubes 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
			Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Orange sherbet	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 8 THURSDAY

1/16/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2ea
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes 1 c
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	White bread 2 sl
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Sweet & Sour Chicken	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/2 c
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed Carrots	Steamed Carrots 1 c	Steamed Carrots 1/2 c	Steamed Carrots 1/2 c	Steamed Carrots 1/2 c
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER				
Meat sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey 1/2 c
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine/Ketchup 2 ea/ 1pc	Margarine/ketchup 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc	Margarine/mayonnaise 2 ea/1 pc
Rice pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU
WEEK 8 FRIDAY
1/17/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice 2 ea
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea
Pizza with Cheese	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
DINNER:				
Bkd fish w/garlic sauce	Unbreaded fish 2 ea	Unbreaded fish 1 ea	Unbreaded fish 1 ea	Unbreaded fish 2 ea
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea
Hot chocolate	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c
	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 8 SATURDAY

1/18/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice 2 ea
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Syrup 2 pc
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>
LUNCH:				
Soup Du Jour				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	Diet tuna salad 1/4 c	Diet tuna salad 1/2 c
Slice American cheese	Carrot sticks 1 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c
Macaroni Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea
Mustard	Mustard 2 ea	Mustard 2 ea	Maragarine 2 ea	Maragarine 2 ea
Chilled applesauce	Chilled applesauce 1/2c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage 1 c
DINNER:				
Brd chicken patty	Diet Kidney bean entrée 1 c	Diet Kidney bean entrée 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/2 c
Seas chicken gravy			Mayonnaise 2 ea	Mayonnaise 2 ea
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Strnd peas & carrots 1/2 c	Strnd peas & carrots 1/2 c
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Oatmeal Cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>

NYSDOCCS' MODIFIED MENU

WEEK 8 SUNDAY

1/19/2025

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread 2 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly 4 pc
	<i>B = diet jelly</i> B= 2 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc	<i>B = diet jelly</i> B= 4 pc
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee 1 c
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts
	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts	<i>B= sugar sub</i> B= 4 pkts
LUNCH:				
Beef pepper steak	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/2 c
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise 1 pc
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage 1 c
DINNER:				
Jamaican beef patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c
Steamed whole kernel corn	Steamed WH corn 1 c	Steamed WH corn 1/2 c	Steamed WH corn 1/2 c	Steamed WH corn 1/2 c
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread 1 sl
Margarine	Margarine/Ketchup 2 ea/ 1pc	Margarine/ketchup 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc	Margarine/mayonnaise 2 ea/1 pc
Chocolate pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage 1 c
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl	<i>B = White bread</i> B= 2 sl
	<i>B = Meat or cheese</i> B= 1 sl	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc	<i>B = Diet jelly</i> B= 4 pc
		<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea	<i>B = Margarine</i> B= 2 ea