

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 MONDAY

10/30/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B=4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Chili con carne	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1c	Steamed white rice 1c	Mayonnaise 1 pc	Mayonnaise
Chilled coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	Steamed white rice 1c	Steamed white rice
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	FPC coleslaw 1 ea	FPC coleslaw
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Margarine 2 ea	Margarine
Hawaiian bev	1% Milk 1 c	Hawaiian bev 1 c	Chilled fresh apple 2 ea	Chilled fresh apple
			Hawaiian Bev 1 c	Hawaiian bev
DINNER:				
Rome style lentils	Rome Style Lentils 1 c	Rome Style lentils 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine /mayo 2 ea/ 1pc	Margarine /mayo
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
White cake /choc icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
none available	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 TUESDAY

10/31/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Tomato Soup				
Tuna salad	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
3- bean salad	Diet 3 bean salad 1/2 c	Diet 3 bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hamburger Roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Chilled canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape bev	1% Milk 1 c	Grape bev 1 c	Grape bev 1 c	Grape bev
DINNER:				
Meatloaf	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread Pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Iced Tea	1% Milk 1 c	Iced Tea 1 c	Iced Tea 1 c	Iced Tea
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 WEDNESDAY

11/1/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Mixed vegetables	Mixed vegetables 1 c	Mixed vegetables 1/2 c	Mixed vegetables 1/2 c	Mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Hot dogs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hot dog rolls	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Potato tots	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
Mustard	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Ketchup	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Cherry Gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 THURSDAY

11/2/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn Flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Italian style meatballs	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Spaghetti w/Tom Sc	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Tomato sauce 2 oz	Tomato sauce 2 oz	Mayonnaise 1 pc	Mayonnaise
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn
Garlic hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 FRIDAY

11/3/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Macaroni & cheese	Kidney bean entrée 1 c	Kidney bean entrée 1/2 c	Diet Beef patty 1 ea	Diet beef patty
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed Wax beans 1 c	Steamed Wax beans 1/2 c	Steamed Wax beans 1/2 c	Steamed Wax beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt
Hawaiian beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 SATURDAY

11/4/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg Pancakes
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Sloppy Joe	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Homefried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed Green Peas	Steamed green peas 1 cup	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Meatball stew	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
Whole wheat bread	Whole wheat bread/marg. 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Sugar cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 1 SUNDAY

11/5/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Soup du jour	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Green Chili Burrito	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Salsa Sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Potato salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Kidney/garb bean salad	Diet kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Gingerbread w/ Icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 MONDAY

11/6/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Beef Chow Mein	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Sliced carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Jamaican beef patty	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
			Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned cabbage	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Chocolate milk	1% white milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 TUESDAY

11/7/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
HC Eggs	HC Egg 1 ea			HC Egg
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
White bread	Whole wheat bread/marg 1 sl/2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 WEDNESDAY

11/8/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Soup du jour				
Italian Sausage	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Sauteed peppers & onions	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled fresh orange	Chilled fresh orange 1 ea	Chilled fresh orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Turkey ala king	Turkey ala king 1 c	Turkey ala king 1/2 c	Turkey ala king 1/2 c	Turkey ala king
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar cookies	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 THURSDAY

11/9/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Vanilla yogurt	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Van. Yogurt / HC egg
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hot dogs	Diet Beef Patty 1 ea	Diet Beef Patty 1 ea	Diet Beef Patty 1 ea	Diet Beef Patty
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
BBQ chicken cubes	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Raspberry sherbet	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 FRIDAY

11/10/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Tomato soup				
Grilled Cheese sand.	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Potato chips	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
		Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Marinara sauce w/	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake w/van icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hot Chocolate	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 SATURDAY

11/11/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Bran flakes	Bran flakes 1 c	Crispy rice cereal 1 c	Crispy rice cereal 1 c	Crispy rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Mayonnaise 1 pc	Mayonnaise
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed white rice 1 c	Steamed white rice
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed WK corn 1/2 c	Steamed WK corn
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Margarine 2 ea	Margarine
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Canned mixed fruit 1 c	Canned mixed fruit
			Lemon beverage 1 c	Lemon beverage
DINNER:				
Breaded chicken patty	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
French fried potatoes	Steamed potatoes 1/2 c	Steamed potatoes 1/2 c	Spaghetti 1/2 c	Spaghetti
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fudge brownie	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 2 SUNDAY

11/12/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Soup du jour	HC egg 1 ea	HC egg 1 ea	HC egg 1 ea	HC egg
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
SI Roast turkey	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Bread dressing	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 3 MONDAY

11/13/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hamburger patties	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger rolls	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Potato chips	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Breaded veal patty	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Spaghetti w/tom sauce	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Tomato sauce on side 2 oz	Tomato sauce on side 2 oz	Mayonnaise 1 pc	Mayonnaise
Seasoned cabbage	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 3 TUESDAY

11/14/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Vegetable Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4c	Diet tuna salad 1/4c	Diet tuna salad
Tuna Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	FPC coleslaw 1 ea	FPC coleslaw
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
		Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White Bread	Whole Wheat Bread 1 sl	White Bread 1 sl	White Bread/margarine 1 sl./ 2ea	White Bread/margarine
Margarine	Margarine 2 ea	Margarine 2 ea	Mayonnaise 1 pc	Mayonnaise
	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt
Grape Beverage	1% Milk 1 c	Grape Beverage 1 c	Grape Beverage 1 c	Grape Beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 3 WEDNESDAY
11/15/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cerea	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Coffeecake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Smokey Beans	Smokey beans 1 c	Smokey Beans 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned zucchini in sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Mayonnaise 1 pc	Mayonnaise
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green beans 1/2 c	Steamed green beans
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Margarine 2 ea	Margarine
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Chilled canned peaches 1 c	Chilled canned peaches
			Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/Garbanzo Salad	Diet Kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate chip cookies	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 3 THURSDAY

11/16/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White Toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Chili Con Carne	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed White Rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Chilled Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Homemade Corn bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fresh orange	Fresh orange 1 ea	Fresh orange 2 ea	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Whipped Potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seas. Chicken gravy	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Ice tea	1% Milk 1c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 3 FRIDAY

11/17/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Macaroni and cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Choc cake/Van icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 3 SATURDAY
11/18/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	French Toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Syrup
	<i>B=diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Soup du jour				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	Diet tuna salad 1/4c	Diet tuna salad
Sliced American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Potato salad	Diet potato salad 1/2 C	Diet potato salad 1/2 C	Diet macaroni salad 1/2 C	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	White bread 2 sl	White bread
Mustard	Mustard 1 pc	Mustard 1 pc	Margarine 2 ea	Margarine
		Margarine 2 ea		
Apple crisp	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Meatloaf	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Seasoned brown gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boiled potatoes	Boiled potatoes 1/2 c	Boiled potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernal corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate Ice Cream	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches
Hot Chocolate	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 3 SUNDAY

11/19/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Meat sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 ea	white bread 1 ea	White bread 1 ea	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Steamed rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed cut greenbean	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 4 MONDAY

11/20/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Beef vegetable stew	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Biscuit	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Meatballs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Tomato sauce	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise
Hot dog roll	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Lyonnais potatoes	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Vanilla pudding	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 4 TUESDAY

11/21/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed mixed vegetable 1 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Rice diablo w/ meat	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
			Mayonnaise 1 pc	Mayonnaise
Yellow cake w/choc. icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 4 WEDNESDAY

11/22/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Margarine 2ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Margarine Jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Chilled macaroni salad	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw
w/onions and peppers	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Canned pears 1 c	Canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Tuscan bean sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise
Orange sherbet	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
none available	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 4 THURSDAY
11/23/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
SI Roast turkey w/gravy	Sliced Roast turkey 1 -2oz sl	Sliced Roast turkey 1 -2oz sl	Sliced Roast turkey 1 -2oz sl	Sliced Roast turkey
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Bread dressing				
Steamed sliced carrots	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
Cranberry sauce				
Rolls/Margarine	Roll/Margarine 1ea/2 ea	Roll/Margarine 1ea/2 ea	Roll/Margarine 1ea/2 ea	Roll/Margarine
Ice cream sundae	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	HC egg 2 ea	HC egg
Sliced American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Mustard	Mustard 1pc	Mustard 1 pc	Mayonnaise 1 pc	Mayonnaise
Oatmeal cookies			Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 4 FRIDAY

11/24/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Bkd fish w/garlic sauce	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt
Hot chocolate	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches
	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 4 SATURDAY
11/25/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Sweet & sour chicken	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed sliced carrots	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl.	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea Mayonnaise 1 pc	Margarine Mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed veg 1/2 c	Steamed mixed veg
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 4 SUNDAY

11/26/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet syrup B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Home fried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled beet salad	Chilled beets 1 c	Chilled beets 1/2 c	Chilled beets 1/2 c	Chilled beets
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Canned mixed fruit	Canned Mixed Fruit 1/2 c	Canned Mixed Fruit 1 c	Canned Mixed Fruit 1 c	Canned Mixed Fruit
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Creamed chicken & gravy	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed whole kernal corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 MONDAY

11/27/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Chili con carne	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1c	Steamed white rice 1c	Steamed white rice 1c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Rome Style Lentils	Rome Style Lentils 1 c	Rome Style Lentils 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned cabbage	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Mayonnaise 1 pc	Mayonnaise
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed wax beans 1/2 c	Steamed wax beans
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
White cake /choc icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Margarine 2 ea	Margarine
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
			Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 TUESDAY

11/28/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Cornflakes 1 c	Corn flakes
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Minestrone Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
Tuna Salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Three bean salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Potato chips	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Hamburger Roll	Chilled mandarin oranges 1/2 c	Margarine 2 ea	Margarine 2 ea	Margarine
Mandarin oranges	1% Milk 1 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage		Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Ice Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 WEDNESDAY

11/29/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Beef Hungarian goulash	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Biscuit	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Hot dogs	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Hot dog rolls	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Potato tots	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Ketchup	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Cherry Gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 THURSDAY

11/30/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B		PRO 1 A & B		PRO 2 A & B		PRO 3 A & B
BREAKFAST:							
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple
Corn Flakes	Bran flakes	1 c	Corn flakes	1 c	Corn flakes	1 c	Corn flakes
Whole wheat toast	Whole wheat toast	2 sl	White toast	2 sl	White toast	2 sl	White toast
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly
	<i>B =diet jelly</i>	<i>B= 2 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:							
Italian style meatballs	Diet beef cubes	1/2 c	Diet beef cubes	1/4 c	Diet beef cubes	1/4 c	Diet beef cubes
Spaghetti w/Tom Sc	Spaghetti, plain	1 c	Spaghetti, plain	1 c	Spaghetti, plain	1 c	Spaghetti, plain
	Tomato sauce	2 oz	Tomato sauce	2 oz	Mayonnaise	1 pc	Mayonnaise
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed green beans	1/2 c	Steamed green beans
Garlic hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
Chilled canned pears	Chilled canned pears	1/2 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage
DINNER:							
Brd chicken patty	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey
Whipped potato	Whipped potato	1 c	Whipped potato	1 c	Steamed white rice	1 c	Steamed white rice
Seas chicken gravy	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise
Steamed carrots	Steamed carrots	1 c	Steamed carrots	1/2 c	Steamed carrots	1/2 c	Steamed carrots
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
Rice pudding	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage
EVENING SNACK:							
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY						
	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 FRIDAY

12/1/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Macaroni & cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
	Steamed elbow mac 1c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine/Mayonnaise 2 ea/ 1pc	Margarine/Mayonnaise
Apple crisp	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 5 SATURDAY
12/2/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	Pancakes
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Soup du jour	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/Garb bean salad	Diet Kidney/garb salad 1/2 c	Diet Kidney/garb salad 1/2 c	FPC coleslaw 1 ea	FPC coleslaw
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Meatball stew	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar Cookie	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 5 SUNDAY

12/3/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Home Fried Potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Potato Salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Vanilla ice cream	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 6 MONDAY

12/4/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Turkey ham steak	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Jamaican beef patty	Diet Kidney bean entrée 1 c	Diet Kidney bean entrée 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake/Vanilla icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Chocolate milk	1% White Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 6 TUESDAY

12/5/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
HC Eggs	HC Egg 1 ea			HC Egg
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/ 1pc	Margarine/mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 6 WEDNESDAY
12/6/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Soup du jour	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Italian sausage	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Sauteed peppers/onions	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fresh chilled orange	Fresh chilled orange 1 ea	Fresh chilled orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Chicken Curry	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar cookies	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 6 THURSDAY

12/7/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Van. Yogurt / HC egg
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
BBQ chicken cubes	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry Gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 6 FRIDAY

12/8/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
Plain Donut	Whole wheat bread 2 sl Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White bread 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Tomato soup				
Grilled cheese sand.	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
Chilled Coleslaw	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
Potato chips	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
		Margarine 2 ea	Margarine 2 ea	Margarine
Canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Marinara sauce w/	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fudge brownie	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1 % Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 6 SATURDAY
12/9/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	French Toast
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed Whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c	Canned mixed fruit
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Breaded chicken patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
French fried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Ice tea	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 6 SUNDAY

12/10/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Soup du jour	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 sl	Pizza 1 sl	Pizza 1 sl	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Creamed chix & gravy	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry sherbet	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 7 MONDAY

12/11/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hamburger patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Breaded veal patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti w/ tom sc	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain
	Tomato sauce on side 2 oz	Tomato sauce on side 2 oz	Mayonnaise 1 pc	Mayonnaise
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 7 TUESDAY
12/12/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Cinnamon donuts	Whole wheat bread 2 sl Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast Margarine Jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Chili con carne	Diet kidney bean entree 1 c	Diet kidney bean entree 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea Mayonnaise 1 pc	Margarine Mayonnaise
Fresh Orange	Orange 1 ea	Orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Smokey Beans	Smokey Beans 1 c	Smokey Beans 1/2 c	Diced turkey 1/4 c Mayonnaise 1 pc	Diced turkey Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Seas. Zucchini/sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea Chilled applesauce 1/2 c	Margarine 2 ea Chilled applesauce 1/2 c	Margarine 2 ea Chilled applesauce 1/2 c	Margarine Chilled applesauce
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt
Grape Beverage	1% Milk 1 cup	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
none available	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i> <i>B = Meat or cheese B = 1 sl</i>	<i>B = White bread B = 2 sl</i> <i>B = Diet jelly B = 4 pc</i> <i>B = Margarine B = 2 ea</i>	<i>B = White bread B = 2 sl</i> <i>B = Diet jelly B = 4 pc</i> <i>B = Margarine B = 2 ea</i>	<i>B = White bread</i> <i>B = Diet jelly</i> <i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 7 WEDNESDAY

12/13/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
			Mayonnaise 1 pc	Mayonnaise
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/garbanzo salad	Diet kidn/garb salad 1/2 c	Diet kidn/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate chip cookie	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 7 THURSDAY

12/14/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
White toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 1 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Vegetable soup				
Tuna salad	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% Milk 1c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Seas chicken gravy				
Whipped potatoes	Whipped potatoes 1/2 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernal corn	Steamed whole kernal corn 1 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Iced Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 7 FRIDAY

12/15/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Grape Jelly	Grape Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Grape jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Grape jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Grape jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Bkd Macaroni & Cheese	Diet kidney bean entrée 1 c Elbows, steamed 1 c	Diet kidney bean entrée 1/2 c Elbows, steamed 1 c	Diet beef cubes 1/4 c Elbows, steamed 1 c	Diet beef cubes Elbows, steamed
Stewed tomatoes	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Choc cake/Van icing	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 7 SATURDAY
12/16/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Pancakes
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Soup du jour				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	Diet tuna salad 1/4 c	Diet tuna salad
Sliced american cheese	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
Chilled potato salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	White bread 2 sl	White bread
Mustard	Mustard 1 pc	Mustard 1 pc		
		Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Sliced baked meatloaf	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Seasoned brown gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boiled potatoes	Boiled potatoes 1 c	Boiled potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed carrots	Steamed carrots 1 cup	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate Ice Cream	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 7 SUNDAY

12/17/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Meat sauce	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Spaghetti	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
BBQ Chicken legs	Chicken legs -NO BBQ 2 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled bread pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 8 MONDAY

12/18/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
LUNCH:				
Turkey vegetable stew	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet Beef Cubes 1/4 c	Diet Beef Cubes
	Steamed white rice 1 c	Steamed white rice 1/2 c	Steamed white rice 1/2 c	Steamed white rice
FPC Coleslaw	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC coleslaw
Biscuit	Whole wheat bread 1 sl	White bread 2 sl	White bread 2 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
			Mayonnaise 1 pc	Mayonnaise
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Meatballs w/ sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Lyonnais potatoes	Boiled potatoes 1/2 c	Boiled potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernal corn	Steamed whole kernal corn 1 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn
Hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Vanilla Pudding	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY				
<i>none available</i>	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 8 TUESDAY

12/19/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Hot dogs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Mustard/Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boston baked beans	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian Beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Haeaiian beverage
DINNER:				
Spanish rice w/ meat	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Chilled beet salad	Chilled beets 1 c	Chilled beets 1/2 c	Chilled beets 1/2 c	Chilled beets
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake/choc icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 8 WEDNESDAY
12/20/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Sloppy Joe	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Oven brown potatoes	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw
w/ onions and peppers			Margarine 2 ea	Margarine
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
DINNER:				
Tuscan bean sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet Beef Cubes 1/4 c	Diet Beef Cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange sherbet	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023
WEEK 8 THURSDAY
12/21/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
LUNCH:				
Sweet & Sour Chicken	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed Carrots	Steamed Carrots 1 c	Steamed Carrots 1/2 c	Steamed Carrots 1/2 c	Steamed Carrots
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER				
Meat sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/Ketchup 2 ea/ 1pc	Margarine/ketchup 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc	Margarine/mayonnaise
Rice pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 8 FRIDAY

12/22/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza with Cheese	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
DINNER:				
Bkd fish w/garlic sauce	Unbreaded fish 2 ea	Unbreaded fish 1 ea	Unbreaded fish 1 ea	Unbreaded fish
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Vanilla Yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt
Hot chocolate	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple
	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 8 SATURDAY

12/23/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2ea	Apple juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Syrup
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Soup Du Jour				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	Diet tuna salad 1/4 c	Diet tuna salad
Slice American cheese	Carrot sticks 1 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Macaroni Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll
Mustard	Mustard 2 ea	Mustard 2 ea	Maragarine 2 ea	Maragarine
Chilled applesauce	Chilled applesauce 1/2c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
DINNER:				
Brd chicken patty	Diet Kidney bean entrée 1 c	Diet Kidney bean entrée 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes
Seas chicken gravy			Mayonnaise 2 ea	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Stmd peas & carrots 1/2 c	Stmd peas & carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Oatmeal Cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

NYSDOCCS' MODIFIED MENU effective 10-30-2023 through December 24, 2023

WEEK 8 SUNDAY

12/24/2023

REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
BREAKFAST:				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
LUNCH:				
Beef pepper steak	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c	Canned mixed fruit
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
DINNER:				
Jamaican beef patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed whole kernel corn	Steamed WH corn 1 c	Steamed WH corn 1/2 c	Steamed WH corn 1/2 c	Steamed WH corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/Ketchup 2 ea/ 1pc	Margarine/ketchup 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc	Margarine/mayonnaise
Chocolate pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
EVENING SNACK:				
<i>none available</i>	EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1 ea

1 pc

1c

1 ea

1 sl

2 ea

2 ea

1 c

1/2 c

1 c

1/2 c

2 ea/ 1pc

1 sl

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1/2 c

1/2 c

1 ea

1 c

1 c

1/2 c

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 c

1 c

1/2 c

1 sl

2 ea

1 c

1 c

1 ea

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

1/2 c
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 c

1/2 c

1 sl

2 ea

1 c

1 c

2 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1/2 c

1 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 ea

1 pc

1/2 c

1/2 c

2 ea

2 ea

1 c

1/2 c

1 c

1 c

1 pc

1 sl/2ea

1 pc

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B = 4 pc
1 c
1 c
6 pkts
B = 4 pkts

1 ea
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

2 ea
1/2 c
1/2 c
2 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

1/2 c

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
<i>B = 4 pc</i>
1 c
1 c
6 pkts
<i>B = 4 pkts</i>
1/2 c
1 c
1/2 c
1 sl/ 2 ea
1 pc
1 c
1 c
1 ea
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c
<i>B = 2 sl</i>
<i>B = 4 pc</i>
<i>B = 2 ea</i>

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1/2 c

1/2 c

2 sl

2 ea

1 pc

1 c

1 c

1 c

1 c

1/2 c

1 sl

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1/2 c / 1 ea
1 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1 ea
1 pc
1 c
1/2 c
1 sl
2 ea
1 c
1 c

1/2 c
1 c
1/2 c
1 sl
2 ea
1 pc
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 ea

1/2 c

2 sl

2 ea

1 c

1 c

2 ea

1 c

1/2 c

1 sl

1 pc

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

1/2 c

1/2 c

1 pc

1/2 c

1 ea

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1 ea
1 piece
1 c
1 pc
1 sl
2 ea
1 c
1 c

1/2 c

1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 ea

2 ea

1 pc

1 c

1/2 c

1 c

1 c

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1/2 c

1 ea

2 sl

2 ea

2 ea

1 c

1/2 c

1 cup

1 cup

1 pc

1 sl./ 2ea

1 pc

1/2 c

1 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

1 ea

1 piece

1/2 c

1 sl

2 ea

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2ea
1 c
1 ea
2 sl
2 ea
4 pc
b = 4 pc
1 c
1 c
6 pkts
B = 4 pkts

1/2 c
1 pc
1 c
1 ea
1 sl
2 ea
1 c
1 c

1/2 c
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 c

1/2 c

1 sl

2 ea/1pc

1 c

1 c

2 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 ea

1/2 C

2 sl

2 ea

1 c

1 c

1 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1 cup

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1 pc
1/2 c
1 ea
2 ea
1 c
1 c

2 ea
1 c
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 c

1 ea

1 pc

1 sl

2 ea

1 c

1 c

1 ea

1 pc

1 sl

1/2 c

1/2 c

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 c

1/2 c

1 sl

2 ea

1 pc

1 c

1 c

1 ea

1 c

1/2 c

1 sl

2 ea

1 pc

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1 ea

1 ea

1/2 c

1 pc

1 ea

2 ea

1 c

1 c

1/2 c

1 c

1/2 c

1 sl

2 ea/1 pc

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1 -2oz sl

1 c

1/2 c

1ea/2 ea

1 c

1 c

2 ea

1 ea

1/2 c

2 sl

1 pc

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 piece

1 c

1 pc

1 sl

2 ea

1 c

1 c

2 ea

1 c

1/2 c

1 sl

1 pc

2 ea

1 ea

1/2 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 ea
2 ea
2 pc
B = 2 pc
1 c
1 c
6 pkts
B = 4 pkts

1/2 c
1 c
1/2 c
1 sl
2 ea
1 pc
1 c
1 c

1/2 c
1 pc
1 c
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B = 4 pc
1 c
1 c
6 pkts
B = 4 pkts

2 ea
1 ea
1/2 c
1 pc
1/2 c
1 pc
2 ea
1 c
1 c

1/2 c
1 c
1/2 c
1 sl
2 ea
1 pc
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1c

1 ea

1 sl

2 ea

1 pc

2 ea

1 c

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1/2 c

1/2 c

1 ea

2 ea

1 c

1 c

1 c

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1 pc
1/2 c
1 sl
2 ea
1 c
1 c

1/2 c
1 c
1 pc
1/2 c
1 sl
2 ea
2 ea
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 c

1/2 c

1 sl

2 ea/ 1pc

1 c

1 c

2 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1/2 c

1 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 piece

1 ea

1 sl

2 ea

2 ea

1 c

1/2 c

1 pc

1 c

1 c

1 pc

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B = 4 pc
1 c
1 c
6 pkts
B = 4 pkts

1 ea
1 ea
1 pc
1/2 c
1/2 c
2 ea
1 c
1 c

2 ea

1/2c
1/2 c
2 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 c

1 ea

1 sl

1 pc

2 ea

1 c

1 c

1/2 c

1 c

1/2 c

1 sl

1 pc

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 c

1/2 c

1 sl

2 ea/ 1pc

1 c

1 c

1 ea

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1/2 c

1 pc

1/2 c

2 sl

2 ea

1 c

1 c

1/2 c

1 c

1/2 c

1 sl

1 pc

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1 ea / 1 ea
1 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1/2 c
1 sl
1 pc
2 ea
1 c
1 c

1/2 c
1 pc
1 c
1/2 c
1 sl
2 ea
1 c
1 c

B= 2 sl
B= 4 pc
B= 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 ea

1/2 c

2 sl

2 ea

1 c

1 c

2 ea

1 c

1/2 c

1 sl

1 pc

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 c

1/2 c

1 sl

1 pc

2 ea

1 c

1 c

1 ea

1 pc

1/2 c

1/2 c

1 ea

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B = 4 pc
1 c
1 c
6 pkts
B = 4 pkts

1 ea
1 sl
1 c
1 pc
1 sl
2 ea
1 c
1 c

1/2 c
1 c
1/2 c
1 sl
1 pc
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 ea

1/2 c

1/2 c

2 ea

1 pc

2 ea

1 c

1/2 c

1 c

1 pc

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1 c

1 ea

1 sl

2 ea

1 pc

1 c

1 c

1/2 c

1 pc

1 c

1/2 c

1 sl

2 ea

1/2 c

1 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 cup

1 cup

1 pc

1 sl

2 ea

1 pc

1 c

1 c

1 ea

1 piece

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1/2 c
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1/2 c
1 sl
1 pc
2 ea
1 c
1 c

1/2 c

1 c
1/2 c
1 pc
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 c

1/2 c

1 sl

2 ea

1 pc

1 c

1 c

2 ea

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B= 2 sl

B= 4 pc

B= 2 ea

2 ea
1 c
1 ea
2 ea
2 ea
2 pc
B = 2 pc
1 c
1 c
6 pkts
B = 4 pkts

1/2 c
1 ea
1/2 c
2 sl

2 ea
1 c
1 c

1 ea
1 pc
1 c
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1/2 c
1/2 c
2 sl
1 pc
2 ea
1 c
1 c

2 ea
1 c
1/2 c
1 sl
2 ea
1 c
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1/2 c

1 ea

2 sl

2 ea

1 pc

2 ea

1 c

1/2 c

1 c

1/2 c

1 sl

1 pc

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 pc

1/2 c

1/2 c

1 ea

2 ea

1 c

1 c

1/2 c

1 c

1/2 c

1 pc

1 sl

1 pc

2 ea

2 ea

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B= 4 pc

1 c

1 c

6 pkts

B= 4 pkts

1/2 c

1 ea

1/2 c

1 pc

1 ea

2 ea

1 c

1 c

1/2 c

1 c

1/2 c

1 sl

1 pc

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 c
1/2 c
1 sl
1 pc
2 ea
1 c
1 c

1/2 c
1 c
1/2 c
1 sl
2 ea/1 pc
2 ea
1 c

B = 2 sl
B = 4 pc
B = 2 ea

2 ea

1 c

1 ea

2 sl

2 ea

4 pc

B = 4 pc

1 c

1 c

6 pkts

B = 4 pkts

1 ea

1 piece

1 c

1 pc

1 sl

2 ea

1 c

1 c

2 ea

1 c

1/2 c

1 sl

1 pc

2 ea

1 ea

1/2 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea

1 c

2 ea

2 ea

2 pc

B = 2 pc

1 c

1 c

6 pkts

B = 4 pkts

1/2 c

1/2 c

1/2 c

1 ea

2 ea

1 c

1 c

1/2 c

2 ea

1 c

1/2 c

1 sl

2 ea

1 c

1 c

B = 2 sl

B = 4 pc

B = 2 ea

2 ea
1 c
1 ea
2 sl
2 ea
4 pc
B= 4 pc
1 c
1 c
6 pkts
B= 4 pkts

1/2 c
1 pc
1 c
1/2 c
1 sl
2 ea
1 c
1 c

1 ea
1 c
1/2 c
1 sl
2 ea/1 pc
1 c
1 c

B= 2 sl
B= 4 pc
B= 2 ea
