

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 1 MONDAY**

**9/4/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B=4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Hot dogs/Rolls	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburgers/Rolls	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Baked beans	Steamed white rice 1/2 c	Steamed white rice 1c	Steamed white rice 1c	Steamed white rice
Chilled coleslaw	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Mustard/ketchup	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate Ice cream	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian bev	1% Milk 1 c	Hawaiian bev 1 c	Hawaiian Bev 1 c	Hawaiian bev
<b>DINNER:</b>				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	HC eggs 2 ea	HC eggs
Sliced American cheese	Diet potato salad 1 ea	Diet potato salad 1 ea	Diet macaroni salad 1 ea	Diet macaroni salad
Potato chips	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
White bread/mustard	Mustard 1 pc	Mustard 1 pc	Mayonnaise 1 pc	Mayonnaise
Sugar cookies	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Chilled fresh apple	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 1 TUESDAY**

**9/5/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Tomato Soup				
Tuna salad	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
3- bean salad	Diet 3 bean salad 1/2 c	Diet 3 bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hamburger Roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Chilled canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape bev	1% Milk 1 c	Grape bev 1 c	Grape bev 1 c	Grape bev
<b>DINNER:</b>				
Meatloaf	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread Pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Iced Tea	1% Milk 1 c	Iced Tea 1 c	Iced Tea 1 c	Iced Tea
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 1 WEDNESDAY**  
**9/6/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Mixed vegetables	Mixed vegetables 1 c	Mixed vegetables 1/2 c	Mixed vegetables 1/2 c	Mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Rome style lentils	Rome Style Lentils 1 c	Rome Style lentils 1/2 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
			Mayonnaise 1 pc	Mayonnaise
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
White bread	Whole wheat bread 1 A946sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Cherry Gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
none available	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 1 THURSDAY**

**9/7/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn Flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Italian style meatballs	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Spaghetti w/Tom Sc	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Tomato sauce 2 oz	Tomato sauce 2 oz	Mayonnaise 1 pc	Mayonnaise
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn
Garlic hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Brd chicken patty	<b>Diced turkey 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 1 FRIDAY**

**9/8/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Macaroni & cheese	Kidney bean entrée 1 c	Kidney bean entrée 1/2 c	Diet Beef patty 1 ea	Diet beef patty
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed Wax beans 1 c	Steamed Wax beans 1/2 c	Steamed Wax beans 1/2 c	Steamed Wax beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt
Hawaiian beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 1 SATURDAY**

**9/9/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Pancakes
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sloppy Joe	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Homefried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed Green Peas	Steamed green peas 1 cup	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Meatball stew	Diced turkey 1/2 c	Diced turkey 1/4 c	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
Whole wheat bread	Whole wheat bread/marg. 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine 1 sl/2ea	White bread/margarine
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
White cake w/choc. icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>				
<i>none available</i>	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 1 SUNDAY**  
**9/10/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B=4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Green Chili Burrito	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Salsa Sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Potato salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Kidney/garb bean salad	Diet kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Gingerbread w/ Icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 2 MONDAY**

**9/11/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef Chow Mein	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Sliced carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Jamaican beef patty	<b>Diet kidney bean entrée 1 c</b>	<b>Diet kidney bean entrée 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Mayonnaise 1 pc	Mayonnaise
Seasoned cabbage	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed white rice 1 c	Steamed white rice
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green peas 1/2 c	Steamed green peas
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Raspberry gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Margarine 2 ea	Margarine
Chocolate milk	1% white milk 1 c	Orange beverage 1 c	Chilled canned peaches 1 c	Chilled canned peaches
			Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 2 TUESDAY**

**9/12/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
HC Eggs	HC Egg 1 ea			HC Egg
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
White bread	Whole wheat bread/marg 1 sl/2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine 1 sl/ 2 ea	White bread/margarine
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 2 WEDNESDAY**  
**9/13/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B=4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour				
Italian Sausage	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Sauteed peppers & onions	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled fresh orange	Chilled fresh orange 1 ea	Chilled fresh orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Turkey ala king	Turkey ala king 1 c	Turkey ala king 1/2 c	Turkey ala king 1/2 c	Turkey ala king
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar cookies	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 2 THURSDAY**  
**9/14/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Vanilla yogurt	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Vanilla yogurt 1/2 c	Van. Yogurt / HC egg
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hot dogs	<b>Diet Beef Patty 1 ea</b>	<b>Diet Beef Patty 1 ea</b>	<b>Diet Beef Patty 1 ea</b>	<b>Diet Beef Patty</b>
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
BBQ chicken cubes	<b>Diced turkey 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	<b>Ketchup 1 pc</b>	<b>Ketchup 1 pc</b>	<b>Mayonnaise 1 pc</b>	<b>Mayonnaise</b>
Raspberry sherbet	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 2 FRIDAY**

**9/15/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Tomato soup				
Grilled Cheese sand.	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Potato chips	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
		Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Vegetable Primavera	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake w/van icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hot Chocolate	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 2 SATURDAY**

**9/16/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Bran flakes	Bran flakes 1 c	Crispy rice cereal 1 c	Crispy rice cereal 1 c	Crispy rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Mayonnaise 1 pc	Mayonnaise
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed white rice 1 c	Steamed white rice
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed WK corn 1/2 c	Steamed WK corn
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Margarine 2 ea	Margarine
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Canned mixed fruit 1 c	Canned mixed fruit
			Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Breaded chicken patty	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
French fried potatoes	Steamed potatoes 1/2 c	Steamed potatoes 1/2 c	Spaghetti 1/2 c	Spaghetti
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fudge brownie	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 2 SUNDAY**  
**9/17/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
<b>BREAKFAST:</b>				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour	HC egg 1 ea	HC egg 1 ea	HC egg 1 ea	HC egg
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
SI Roast turkey	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Bread dressing	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 3 MONDAY**

**9/18/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hamburger patties	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger rolls	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Potato chips	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Breaded veal patty	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
Spaghetti w/tom sauce	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Tomato sauce on side 2 oz	Tomato sauce on side 2 oz	Mayonnaise 1 pc	Mayonnaise
Seasoned cabbage	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 3 TUESDAY**

**9/19/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Vegetable Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4c	Diet tuna salad 1/4c	Diet tuna salad
Tuna Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	FPC coleslaw 1 ea	FPC coleslaw
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
		Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White Bread	Whole Wheat Bread 1 sl	White Bread 1 sl	White Bread/margarine 1 sl./ 2ea	White Bread/margarine
Margarine	Margarine 2 ea	Margarine 2 ea	Mayonnaise 1 pc	Mayonnaise
	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches 1/2 c	Chilled canned peaches
Vanilla Yogurt	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Vanilla Yogurt
Grape Beverage	1% Milk 1 c	Grape Beverage 1 c	Grape Beverage 1 c	Grape Beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 3 WEDNESDAY**  
**9/20/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cerea	Hot wheat cereal 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Coffeecake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Smokey Beans	Smokey beans 1 c	Smokey Beans 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Seasoned zucchini in sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Mayonnaise 1 pc	Mayonnaise
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green beans 1/2 c	Steamed green beans
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Margarine 2 ea	Margarine
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Chilled canned peaches 1 c	Chilled canned peaches
			Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/Garbanzo Salad	Diet Kidney/garb salad 1/2 c	Diet kidney/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate chip cookies	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 3 THURSDAY**  
**9/21/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White Toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Chili Con Carne	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed White Rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Chilled Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Homemade Corn bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fresh orange	Fresh orange 1 ea	Fresh orange 2 ea	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Whipped Potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seas. Chicken gravy	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Ice tea	1% Milk 1c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 3 FRIDAY**

**9/22/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Macaroni and cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Choc cake/Van icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 3 SATURDAY**  
**9/23/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	HC egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	French Toast
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B=diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	<b>Diet tuna salad 1/4c</b>	<b>Diet tuna salad</b>
Sliced American cheese	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Potato salad	Diet potato salad 1/2 C	Diet potato salad 1/2 C	Diet macaroni salad 1/2 C	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	White bread 2 sl	White bread
Mustard	Mustard 1 pc	Mustard 1 pc		
		Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Meatloaf	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Seasoned brown gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boiled potatoes	Boiled potatoes 1/2 c	Boiled potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernal corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate Ice Cream	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches 1 cup	Chilled canned peaches
Hot Chocolate	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 3 SUNDAY**  
**9/24/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Meat sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce 1 c	Spaghetti, no sauce
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 ea	white bread 1 ea	White bread 1 ea	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Steamed rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed cut greenbean	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 4 MONDAY**

**9/25/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef vegetable stew	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Biscuit	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Meatballs	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty</b>
Tomato sauce	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise
Hot dog roll	Whole Wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Lyonnais potatoes	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Vanilla pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 4 TUESDAY**

**9/26/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed mixed vegetable 1 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable 1/2 c	Steamed mixed vegetable
Hot dog rolls	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 2 ea	Mayonnaise 1 pc	Mayonnaise
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Rice diablo w/ meat	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed WK corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
			Mayonnaise 1 pc	Mayonnaise
Yellow cake w/choc. icing	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 4 WEDNESDAY**  
**9/27/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Oven brown potatoes	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw
w/onions and peppers	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Canned pears 1 c	Canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Tuscan bean sauce	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/1pc	Margarine/mayonnaise
Orange sherbet	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 4 THURSDAY**  
**9/28/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sweet & sour chicken	<b>Diet kidney bean entrée 1 c</b>	<b>Diet kidney bean entrée 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed sliced carrots	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned peaches	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Meat sauce	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 4 FRIDAY**

**9/29/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Bkd fish w/garlic sauce	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry gelatin	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Hot chocolate	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 4 SATURDAY**

**9/30/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	HC Egg Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup Du Jour				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	Diet tuna salad 1/4 c	Diet tuna salad
Sliced american cheese	Carrot sticks 1 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Chilled macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll
Mustard	Mustard 1 pc	Mustard 1 pc	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed veg 1/2 c	Steamed mixed veg
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Oatmeal cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 4 SUNDAY**  
**10/1/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>		<b>PRO 1 A &amp; B</b>		<b>PRO 2 A &amp; B</b>		<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>							
Petite banana	Petite banana	1 ea	Petite banana	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes	1 c	Hot grits cereal	1 c	Hot grits cereal	1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast	2 sl	White bread	2 sl	White bread	2 sl	White bread
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Jelly
	<i>B =diet jelly</i>	<i>B= 2 pc</i>	<i>B =diet syrup</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	1% Milk
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	Coffee
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Sugar
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>							
Breaded fish fillet	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet
Hamburger roll	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll	1 ea	Hamburger roll
Home fried potatoes	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni	1/2 c	Elbow macaroni
Ketchup	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise
Chilled beet salad	Chilled beets	1 c	Chilled beets	1/2 c	Chilled beets	1/2 c	Chilled beets
	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing	1 pc	Diet Italian dressing
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
Canned mixed fruit	Canned Mixed Fruit	1/2 c	Canned Mixed Fruit	1 c	Canned Mixed Fruit	1 c	Canned Mixed Fruit
Orange beverage	1% milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage
<b>DINNER:</b>							
Creamed chicken & gravy	<b>Diet beef cubes</b>	<b>1/2 c</b>	<b>Diet beef cubes</b>	<b>1/4 c</b>	<b>Diet beef cubes</b>	<b>1/4 c</b>	<b>Diet beef cubes</b>
Steamed white rice	Steamed white rice	1/2 c	Steamed white rice	1 c	Steamed white rice	1 c	Steamed white rice
Steamed whole kernal corn	Steamed WK corn	1 c	Steamed WK corn	1/2 c	Steamed WK corn	1/2 c	Steamed WK corn
White bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
	<b>Ketchup</b>	<b>1 pc</b>	<b>Ketchup</b>	<b>1 pc</b>	<b>Mayonnaise</b>	<b>1 pc</b>	<b>Mayonnaise</b>
Chocolate pudding	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears	1 c	Chilled canned pears
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage
<b>EVENING SNACK:</b>							
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>						
	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 5 MONDAY**

**10/2/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
Apple jelly	Apple jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Apple jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Margarine
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	Apple jelly <i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Coffee
				Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Chili con carne	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1c	Steamed white rice 1c	Steamed white rice 1c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Mayonnaise 1 pc	Mayonnaise
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Chilled fresh apple 2 ea	Chilled fresh apple
			Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Rome Style Lentils	Rome Style Lentils 1 c	Rome Style Lentils 1/2 c	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Seasoned cabbage	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Mayonnaise 1 pc	Mayonnaise
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed wax beans 1/2 c	Steamed wax beans
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
White cake /choc icing	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Margarine 2 ea	Margarine
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
			Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 5 TUESDAY**

**10/3/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Cornflakes 1 c	Corn flakes
Breakfast Pizza	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Minestrone Soup	Diet tuna salad 1/2 c	Diet tuna salad 1/4 c	Diet tuna salad 1/4 c	Diet tuna salad
Tuna Salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Three bean salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Potato chips	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Hamburger Roll	Chilled mandarin oranges 1/2 c	Margarine 2 ea	Margarine 2 ea	Margarine
Mandarin oranges	1% Milk 1 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage		Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Turkey chow mein	Turkey chow mein 1 c	Turkey chow mein 1/2 c	Turkey chow mein 1/2 c	Turkey chow mein
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Bread pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Ice Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
<i>none available</i>	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 5 WEDNESDAY**  
**10/4/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef Hungarian goulash	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty 1 ea</b>	<b>Diet beef patty</b>
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Biscuit	Elbow macaroni 1/2 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Hot dogs	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
Hot dog rolls	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Potato tots	<b>Ketchup 1 pc</b>	<b>Ketchup 1 pc</b>	<b>Mayonnaise 1 pc</b>	<b>Mayonnaise</b>
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Ketchup	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Cherry Gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 5 THURSDAY**  
**10/5/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn Flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole wheat toast	Whole wheat toast 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Italian style meatballs	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Spaghetti w/Tom Sc	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain
	Tomato sauce 2 oz	Tomato sauce 2 oz	Mayonnaise 1 pc	Mayonnaise
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Garlic hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Brd chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Whipped potato	Whipped potato 1 c	Whipped potato 1 c	Steamed white rice 1 c	Steamed white rice
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 5 FRIDAY**

**10/6/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Macaroni & cheese	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
	Steamed elbow mac 1c	Steamed elbow mac 1 c	Steamed elbow mac 1 c	Steamed elbow mac
Stewed tomatoes	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine/Mayonnaise 2 ea/ 1pc	Margarine/Mayonnaise
Apple crisp	Chilled canned peaches 1/2 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1/2 c	Chilled canned pineapple
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 5 SATURDAY**  
**10/7/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Pancakes
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/Garb bean salad	Diet Kidney/garb salad 1/2 c	Diet Kidney/garb salad 1/2 c	FPC coleslaw 1 ea	FPC coleslaw
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Meatball stew	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
	Ketchup 1 ea	Ketchup 1 ea	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar Cookie	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 5 SUNDAY**

**10/8/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite Banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sloppy Joe	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Home Fried Potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed wax beans	Steamed wax beans 1 c	Steamed wax beans 1/2 c	Steamed wax beans 1/2 c	Steamed wax beans
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
BBQ Chicken legs	Chicken legs-NO BBQ 2 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ 1 ea	Chicken legs-NO BBQ
Potato Salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Steamed mixed vegetables	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Vanilla ice cream	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 6 MONDAY**

**10/9/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal w/cinnamon	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon 1 c	Hot oatmeal w/cinnamon
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Turkey ham steak	<b>Diced turkey 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Jamaican beef patty	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake/Vanilla icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Chocolate milk	1% White Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 6 TUESDAY**  
**10/10/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
HC Eggs	HC Egg 1 ea			HC Egg
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef cacciatore	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Spaghetti 1 c	Spaghetti
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/ketchup 2 ea/1 pc	Margarine/ketchup 2 ea/1 pc	Margarine/mayonnaise 2 ea/ 1pc	Margarine/mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Baked salisbury steak	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Seasoned gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Stewed tomatoes	Steamed mixed vegetables 1 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 6 WEDNESDAY**  
**10/11/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

REGULAR	CONTROLLED A & B	PRO 1 A & B	PRO 2 A & B	PRO 3 A & B
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
Italian sausage	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
Sauteed peppers/onions	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Macaroni salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fresh chilled orange	Fresh chilled orange 1 ea	Fresh chilled orange 2 ea	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Chicken Curry	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed mustard greens	Steamed mustard greens 1 c	Steamed mustard greens 1/2 c	Steamed mustard greens 1/2 c	Steamed mustard greens
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Sugar cookies	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% Milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 6 THURSDAY**  
**10/12/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Vanilla yogurt	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Vanilla yogurt 1 ea	Van. Yogurt / HC egg
Whole wheat toast	Whole wheat toast 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hot dogs	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Boston baked beans	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog roll	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Mustard/ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
BBQ chicken cubes	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry Gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 6 FRIDAY**

**10/13/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>		<b>PRO 1 A &amp; B</b>		<b>PRO 2 A &amp; B</b>		<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>							
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal
Plain Donut	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	HC Egg
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	White bread
	Jelly	2 pc	Jelly	4 pc	Jelly	4 pc	Margarine
	<i>B =diet jelly</i>	<i>B= 2 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	Jelly
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	<i>B =diet jelly</i>
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	1% Milk
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Coffee
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	Sugar
							<i>B= sugar sub</i>
<b>LUNCH:</b>							
Tomato soup							
Grilled cheese sand.	Diet tuna salad	1/2 c	Diet tuna salad	1/4 c	Diet tuna salad	1/4 c	Diet tuna salad
Chilled Coleslaw	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw
Potato chips	Diet potato salad	1/2 c	Diet potato salad	1/2 c	Diet macaroni salad	1/2 c	Diet macaroni salad
	Whole wheat bread	2 sl	White bread	2 sl	White bread	2 sl	White bread
			Margarine	2 ea	Margarine	2 ea	Margarine
Canned peaches	Chilled canned peaches	1/2 c	Chilled canned peaches	1 c	Chilled canned peaches	1 c	Chilled canned peaches
Orange beverage	1% Milk	1 c	Orange beverage	1 c	Orange beverage	1 c	Orange beverage
<b>DINNER:</b>							
Vegetable Primavera	Unbreaded fish fillet	2 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet	1 ea	Unbreaded fish fillet
Elbow macaroni	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni	1 c	Elbow macaroni
Steamed spinach	Steamed spinach	1 c	Steamed spinach	1/2 c	Steamed green beans	1/2 c	Steamed green beans
Whole wheat bread	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
Fudge brownie	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple	1 c	Chilled canned pineapple
Hawaiian beverage	1 % Milk	1 c	Hawaiian beverage	1 c	Hawaiian beverage	1 c	Hawaiian beverage
<b>EVENING SNACK:</b>							
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>						
	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 6 SATURDAY**  
**10/14/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
French Toast	French Toast 2 ea	French Toast 2 ea	French Toast 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	French Toast
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Black beans in sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed Whole kernel corn	Steamed WK corn 1 c	Steamed WK corn 1/2 c	Steamed WK corn 1/2 c	Steamed WK corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c	Canned mixed fruit
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Breaded chicken patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
French fried potatoes	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Steamed carrots	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Rice pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Ice tea	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 6 SUNDAY**

**10/15/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 sl	Pizza 1 sl	Pizza 1 sl	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Creamed chix & gravy	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry sherbet	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 7 MONDAY**

**10/16/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hamburger patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Potato chips	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Pickle spear	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Breaded veal patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Spaghetti w/ tom sc	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain 1 c	Spaghetti, plain
	Tomato sauce on side 2 oz	Tomato sauce on side 2 oz	Mayonnaise 1 pc	Mayonnaise
Steamed green beans	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate pudding	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 TUESDAY**  
**10/17/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Cinnamon donuts	Whole wheat bread 2 sl Margarine 2 ea Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly B= 4 pc</i>	White toast 2 sl Margarine 2 ea Jelly 4 pc <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Chili con carne	Diet kidney bean entree 1 c	Diet kidney bean entree 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Coleslaw	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw 1 ea	FPC coleslaw
Cornbread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Fresh Orange	Orange 1 ea	Orange 2 ea	Mayonnaise 1 pc	Mayonnaise
Orange beverage	1% milk 1 c	Orange beverage 1 c	Chilled canned peaches 1 c	Chilled canned peaches
			Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Smokey Beans	Smokey Beans 1 c	Smokey Beans 1/2 c	Diced turkey 1/4 c	Diced turkey
Spaghetti	Spaghetti 1 c	Spaghetti 1 c	Mayonnaise 1 pc	Mayonnaise
Seas. Zucchini/sauce	Steamed green beans 1 c	Steamed green beans 1/2 c	Spaghetti 1 c	Spaghetti
White bread	Whole wheat bread 1 sl	White bread 1 sl	Steamed green beans 1/2 c	Steamed green beans
Margarine	Margarine 2 ea	Margarine 2 ea	White bread 1 sl	White bread
Vanilla Yogurt	Chilled applesauce 1/2 c	Chilled applesauce 1/2 c	Margarine 2 ea	Margarine
Grape Beverage	Vanilla Yogurt 1 ea	Vanilla Yogurt 1 ea	Chilled applesauce 1/2 c	Chilled applesauce
	1% Milk 1 cup	Grape beverage 1 c	Vanilla Yogurt 1 ea	Vanilla Yogurt
			Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 WEDNESDAY**  
**10/18/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Spicy Chicken Fiesta	Spicy Chicken Fiesta 1 cup	Spicy Chicken Fiesta 1/2 c	Diced turkey 1/4 c	Diced turkey
Steamed white rice	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice 1 cup	Steamed white rice
Tossed Green Salad	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad 1 cup	Tossed Green Salad
Italian dressing	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
			Mayonnaise 1 pc	Mayonnaise
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Navy bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Kidney/garbanzo salad	Diet kidn/garb salad 1/2 c	Diet kidn/garb salad 1/2 c	Celery sticks 1/2 c	Celery sticks
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate chip cookie	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 THURSDAY**  
**10/19/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Scrambled eggs	Scrambled eggs 1/2 c	Scrambled eggs 1/4 c	Scrambled eggs 1/4 c	Scrambled eggs
White toast	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 1 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Vegetable soup				
Tuna salad	Diet beef cubes 1/2 c	Diet beef cubes 1/4 c	Diet beef cubes 1/4 c	Diet beef cubes
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Three bean salad	Diet three bean salad 1/2 c	Diet three bean salad 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Grape beverage	1% Milk 1c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Breaded chicken patty	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Seas chicken gravy				
Whipped potatoes	Whipped potatoes 1/2 c	Whipped potatoes 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed whole kernal corn	Steamed whole kernal corn 1 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn 1/2 c	Steamed whole kernal corn
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange gelatin	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Iced Tea	1% Milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 FRIDAY**  
**10/20/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal 1 c	Hot oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Grape Jelly	Grape Jelly 2 pc <i>B =diet jelly B= 2 pc</i>	Grape jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Grape jelly 4 pc <i>B =diet jelly B= 4 pc</i>	Grape jelly <i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Bkd Macaroni & Cheese	Diet kidney bean entrée 1 c Elbows, steamed 1 c	Diet kidney bean entrée 1/2 c Elbows, steamed 1 c	Diet beef cubes 1/4 c Elbows, steamed 1 c	Diet beef cubes Elbows, steamed
Stewed tomatoes	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea Mayonnaise 1 pc	Margarine Mayonnaise
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% Milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Breaded fish fillet	Unbreaded fish fillet 2 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet 1 ea	Unbreaded fish fillet
Tartar sauce	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Choc cake/Van icing	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1 % Milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 SATURDAY**  
**10/21/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Pancakes	Pancakes 2 ea	Pancakes 2 ea	Pancakes 2 ea	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Pancakes
Syrup	Syrup 1 pc	Syrup 2 pc	Syrup 2 pc	Margarine
	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	<i>B =diet syrup B= 2 pc</i>	Syrup
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet syrup</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup du jour				
Sliced turkey salami	Sliced turkey salami 4 sl	Sliced turkey salami 3 sl	<b>Diet tuna salad 1/4 c</b>	<b>Diet tuna salad</b>
Sliced american cheese	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw 1 ea	FPC Coleslaw
Chilled potato salad	Diet potato salad 1/2 c	Diet potato salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll
Mustard	Mustard 1 pc	Mustard 1 pc		
		Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Sliced baked meatloaf	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Seasoned brown gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boiled potatoes	Boiled potatoes 1 c	Boiled potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed carrots	Steamed carrots 1 cup	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chocolate Ice Cream	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>



**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 7 SUNDAY**  
**10/22/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Apple juice 2 ea	Apple juice
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Meat sauce	<b>Diet beef cubes 1/2 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes 1/4 c</b>	<b>Diet beef cubes</b>
Spaghetti	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti 1/2 c	Spaghetti
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Steamed mixed vegetables 1/2 c	Steamed mixed vegetables
White bread	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled applesauce	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
BBQ Chicken legs	Chicken legs -NO BBQ 2 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ 1 ea	Chicken legs -NO BBQ
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed green peas	Steamed green peas 1 c	Steamed green peas 1/2 c	Steamed green peas 1/2 c	Steamed green peas
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled bread pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 8 MONDAY**

**10/23/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>		<b>PRO 1 A &amp; B</b>		<b>PRO 2 A &amp; B</b>		<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>							
Apple juice	Apple juice	1 ea	Apple juice	2 ea	Apple juice	2 ea	Apple juice
Hot oatmeal cereal	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal	1 c	Hot oatmeal cereal
White toast	Whole wheat bread	2 sl	White toast	2 sl	White toast	2 sl	HC Egg
Margarine	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	White toast
Apple jelly	Apple jelly	2 pc	Apple jelly	4 pc	Apple jelly	4 pc	Margarine
	<i>B =diet jelly</i>	<i>B= 2 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	<i>B =diet jelly</i>	<i>B= 4 pc</i>	Apple jelly
1% Milk	1% Milk	1 c	1% Milk	1 c	1% Milk	1 c	<i>B =diet jelly</i>
Coffee	Coffee	1 c	Coffee	1 c	Coffee	1 c	1% Milk
Sugar	Sugar	6 pkts	Sugar	6 pkts	Sugar	6 pkts	Coffee
	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	<i>B= sugar sub</i>	<i>B= 4 pkts</i>	Sugar
							<i>B= sugar sub</i>
<b>LUNCH:</b>							
Turkey vegetable stew	Diet kidney bean entrée	1 c	Diet kidney bean entrée	1/2 c	Diet Beef Cubes	1/4 c	Diet Beef Cubes
	Steamed white rice	1 c	Steamed white rice	1/2 c	Steamed white rice	1/2 c	Steamed white rice
FPC Coleslaw	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC Coleslaw	1 ea	FPC coleslaw
Biscuit	Whole wheat bread	1 sl	White bread	2 sl	White bread	2 sl	White bread
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
					Mayonnaise	1 pc	Mayonnaise
Chilled fresh apple	Chilled fresh apple	1 ea	Chilled fresh apple	2 ea	Chilled fresh apple	2 ea	Chilled fresh apple
Lemon beverage	1% milk	1 c	Lemon beverage	1 c	Lemon beverage	1 c	Lemon beverage
<b>DINNER:</b>							
Meatballs w/ sauce	Diced turkey	1/2 c	Diced turkey	1/4 c	Diced turkey	1/4 c	Diced turkey
Lyonnais potatoes	Boiled potatoes	1/2 c	Boiled potatoes	1 c	Elbow macaroni	1 c	Elbow macaroni
Steamed whole kernal corn	Steamed whole kernal corn	1 c	Steamed whole kernal corn	1/2 c	Steamed whole kernal corn	1/2 c	Steamed whole kernal corn
Hot dog roll	Whole wheat bread	1 sl	White bread	1 sl	White bread	1 sl	White bread
	Ketchup	1 pc	Ketchup	1 pc	Mayonnaise	1 pc	Mayonnaise
	Margarine	2 ea	Margarine	2 ea	Margarine	2 ea	Margarine
Vanilla Pudding	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce	1 c	Chilled applesauce
Grape beverage	1% milk	1 c	Grape beverage	1 c	Grape beverage	1 c	Grape beverage
<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>							
<i>none available</i>	<i>B = Whole wheat bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>	<i>B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese</i>	<i>B = 1 sl</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>	<i>B = 4 pc</i>	<i>B = Diet jelly</i>
			<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>	<i>B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 8 TUESDAY**

**10/24/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2 ea	Grape juice
Bran flakes	Bran Flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White toast
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Hot dogs	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Mustard/Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Boston baked beans	Steamed potato 1/2 c	Steamed potato 1/2 c	Elbow macaroni 1/2 c	Elbow macaroni
Sauerkraut	Steamed carrots 1 c	Steamed carrots 1/2 c	Steamed carrots 1/2 c	Steamed carrots
Hot dog roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled canned pineapple	Chilled canned pineapple 1/2 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hawaiian Beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Haeaiian beverage
<b>DINNER:</b>				
Spanish rice w/ meat	Diet Beef cubes 1/2 c	Diet Beef cubes 1/4 c	Diet Beef cubes 1/4 c	Diet Beef cubes
	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Chilled beet salad	Chilled beets 1 c	Chilled beets 1/2 c	Chilled beets 1/2 c	Chilled beets
	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing 1 pc	Diet Italian dressing
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Yellow cake/choc icing	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 8 WEDNESDAY**  
**10/25/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot wheat cereal	Hot wheat cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Coffee Cake	Whole wheat bread 2 sl	White bread 2 sl	White bread 2 sl	HC Egg
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sloppy Joe	Diced turkey 1/2 c	Diced turkey 1/4 c	Diced turkey 1/4 c	Diced turkey
Hamburger roll	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll 1 ea	Hamburger roll
Oven brown potatoes	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Ketchup	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Kidney bean salad	Diet kidney bean salad 1/2 c	Diet kidney bean salad 1/2 c	FPC cole slaw 1 ea	FPC cole slaw
w/ onions and peppers			Margarine 2 ea	Margarine
Chilled canned pears	Chilled canned pears 1/2 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>DINNER:</b>				
Tuscan bean sauce	Diet kidney bean entrée 1 c	Diet kidney bean entrée 1/2 c	Diet Beef Cubes 1/4 c	Diet Beef Cubes
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
French style green beans	French style green beans 1 c	French style green beans 1/2 c	French style green beans 1/2 c	French style green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
			Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Orange sherbet	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 8 THURSDAY**

**10/26/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Chilled fresh apple	Chilled fresh apple 1 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Corn flakes	Bran flakes 1 c	Corn flakes 1 c	Corn flakes 1 c	Corn flakes
Whole grain bagel	Whole grain bagel 1 ea	White bread 2 sl	White bread 2 sl	HC Egg
Cream cheese	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	White bread
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Margarine
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	Jelly
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	<i>B =diet jelly</i>
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	1% Milk
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Coffee
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	Sugar
				<i>B= sugar sub</i>
<b>LUNCH:</b>				
Sweet & Sour Chicken	<b>Diet Beef cubes 1/2 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes</b>
Steamed white rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed Carrots	Steamed Carrots 1 c	Steamed Carrots 1/2 c	Steamed Carrots 1/2 c	Steamed Carrots
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Chilled mandarin oranges	Chilled mandarin oranges 1/2 c	Chilled mandarin oranges 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER</b>				
Meat sauce	<b>Diced turkey 1/2 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey 1/4 c</b>	<b>Diced turkey</b>
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Steamed peas & carrots	Steamed peas & carrots 1 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots 1/2 c	Steamed peas & carrots
White bread	Whole Wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine/Ketchup 2 ea/ 1pc	Margarine/ketchup 2 ea/1pc	Margarine/mayonnaise 2 ea/1 pc	Margarine/mayonnaise
Rice pudding	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**  
**WEEK 8 FRIDAY**  
**10/27/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Apple juice	Apple juice 1 ea	Apple juice 2 ea	Apple juice 2 ea	Apple juice
Hot Oatmeal cereal	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal 1 c	Hot Oatmeal cereal
White toast	Whole wheat bread 2 sl	White toast 2 sl	White toast 2 sl	White toast
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Black Bean soup	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold 1 ea	HC egg, cold
Pizza with Cheese	Pizza 1 piece	Pizza 1 piece	Pizza 1 piece	Pizza
Tossed green salad	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad 1 c	Tossed green salad
French dressing	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing 1 pc	Diet French dressing
	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Apple crisp	Chilled applesauce 1/2 c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>DINNER:</b>				
Bkd fish w/garlic sauce	Unbreaded fish 2 ea	Unbreaded fish 1 ea	Unbreaded fish 1 ea	Unbreaded fish
Seasoned brown rice	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Kidney bean creole	Steamed green beans 1 c	Steamed green beans 1/2 c	Steamed green beans 1/2 c	Steamed green beans
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Raspberry gelatin	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple 1 c	Chilled canned pineapple
Hot chocolate	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 8 SATURDAY**

**10/28/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Grape juice	Grape juice 1 ea	Grape juice 2 ea	Grape juice 2ea	Grape juice
Crispy Rice cereal	Bran flakes 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal 1 c	Crispy Rice cereal
Waffles	Waffles 2 ea	Waffles 2 ea	Waffles 2 ea	Waffles
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Syrup	Syrup 1 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup 2 pc <i>B =diet syrup B= 2 pc</i>	Syrup <i>B =diet syrup</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar 6 pkts <i>B= sugar sub B= 4 pkts</i>	Sugar <i>B= sugar sub</i>
<b>LUNCH:</b>				
Soup Du Jour				
Sliced turkey bologna	Sliced turkey bologna 4 sl	Sliced turkey bologna 3 sl	Diet tuna salad 1/4 c	Diet tuna salad
Slice American cheese	Carrot sticks 1 c	Carrot sticks 1/2 c	Carrot sticks 1/2 c	Carrot sticks
Macaroni Salad	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad 1/2 c	Diet macaroni salad
Hot dog roll	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll 1 ea	Hot dog roll
Mustard	Mustard 2 ea	Mustard 2 ea	Maragarine 2 ea	Maragarine
Chilled applesauce	Chilled applesauce 1/2c	Chilled applesauce 1 c	Chilled applesauce 1 c	Chilled applesauce
Grape beverage	1% milk 1 c	Grape beverage 1 c	Grape beverage 1 c	Grape beverage
<b>DINNER:</b>				
Brd chicken patty	<b>Diet Beef cubes 1/2 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes</b>
Seas chicken gravy	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Whipped potatoes	Whipped potatoes 1 c	Whipped potatoes 1 c	Steamed white rice 1 c	Steamed white rice
Steamed spinach	Steamed spinach 1 c	Steamed spinach 1/2 c	Stmd peas & carrots 1/2 c	Stmd peas & carrots
Whole wheat bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Oatmeal Cookies	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears 1 c	Chilled canned pears
Hawaiian beverage	1% milk 1 c	Hawaiian beverage 1 c	Hawaiian beverage 1 c	Hawaiian beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread B= 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B= 1 sl</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly B= 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B= 2 ea</i>	<i>B = Margarine B= 2 ea</i>	<i>B = Margarine</i>

**NYSDOCCS' MODIFIED MENU September 4, 2023- October 29, 2023**

**WEEK 8 SUNDAY**

**10/29/2023**

**REFER TO 'PREPARATION GUIDE' WHEN PROVIDING ALL MODIFIED DIETS**

<b>REGULAR</b>	<b>CONTROLLED A &amp; B</b>	<b>PRO 1 A &amp; B</b>	<b>PRO 2 A &amp; B</b>	<b>PRO 3 A &amp; B</b>
<b>BREAKFAST:</b>				
Petite banana	Petite banana 1 ea	Petite banana 2 ea	Chilled fresh apple 2 ea	Chilled fresh apple
Hot grits cereal	Bran flakes 1 c	Hot grits cereal 1 c	Hot grits cereal 1 c	Hot grits cereal
Whole wheat toast	Whole wheat toast 2 sl	White bread 2 sl	White bread 2 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
	Jelly 2 pc	Jelly 4 pc	Jelly 4 pc	Jelly
	<i>B =diet jelly B= 2 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly B= 4 pc</i>	<i>B =diet jelly</i>
1% Milk	1% Milk 1 c	1% Milk 1 c	1% Milk 1 c	1% Milk
Coffee	Coffee 1 c	Coffee 1 c	Coffee 1 c	Coffee
Sugar	Sugar 6 pkts	Sugar 6 pkts	Sugar 6 pkts	Sugar
	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub B= 4 pkts</i>	<i>B= sugar sub</i>
<b>LUNCH:</b>				
Beef pepper steak	<b>Diet Beef cubes 1/2 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes 1/4 c</b>	<b>Diet Beef cubes</b>
	Ketchup 1 pc	Ketchup 1 pc	Mayonnaise 1 pc	Mayonnaise
Elbow macaroni	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni 1 c	Elbow macaroni
Seasoned cabbage	Steamed sliced carrots 1 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots 1/2 c	Steamed sliced carrots
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	Margarine 2 ea	Margarine 2 ea	Margarine 2 ea	Margarine
Canned mixed fruit	Canned mixed fruit 1/2 c	Canned mixed fruit 1 c	Canned mixed fruit 1 c	Canned mixed fruit
Orange beverage	1% milk 1 c	Orange beverage 1 c	Orange beverage 1 c	Orange beverage
<b>DINNER:</b>				
Jamaican beef patty	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty 1 ea	Diet beef patty
Steamed white rice	Steamed white rice 1/2 c	Steamed white rice 1 c	Steamed white rice 1 c	Steamed white rice
Steamed whole kernel corn	Steamed WH corn 1 c	Steamed WH corn 1/2 c	Steamed WH corn 1/2 c	Steamed WH corn
White bread	Whole wheat bread 1 sl	White bread 1 sl	White bread 1 sl	White bread
Margarine	<b>Margarine/Ketchup 2 ea/ 1pc</b>	<b>Margarine/ketchup 2 ea/1pc</b>	<b>Margarine/mayonnaise 2 ea/1 pc</b>	<b>Margarine/mayonnaise</b>
Chocolate pudding	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches 1 c	Chilled canned peaches
Lemon beverage	1% milk 1 c	Lemon beverage 1 c	Lemon beverage 1 c	Lemon beverage
<b>EVENING SNACK:</b>				
<i>none available</i>	<b>EVENING SNACK: PROVIDED FOR B DIETS ONLY WHEN ORDERED SEPARATELY</b>			
	<i>B = Whole wheat bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread B = 2 sl</i>	<i>B = White bread</i>
	<i>B = Meat or cheese B = 1 sl</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly B = 4 pc</i>	<i>B = Diet jelly</i>
		<i>B = Margarine B = 2 ea</i>	<i>B = Margarine B = 2 ea</i>	<i>B = Margarine</i>



---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1 ea  
1 pc  
1c  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

---

2 ea  
1 ea  
1 ea  
1 pc  
1 sl  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

*B= 4 pc*

1 c

1 c

6 pkts

*B= 4 pkts*

1/2 c

1/2 c

1/2 c

1 ea

1 c

1 c

1/2 c

1 pc

1 c

1/2 c

1 sl

2 ea

1 c

1 c

*B= 2 sl*

*B= 4 pc*

*B= 2 ea*

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1 c  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*

---

2ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1 ea  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

2 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1/2 c  
1 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

**1/2 c**  
1 ea  
1 pc  
1/2 c  
1/2 c  
2 ea  
2 ea  
1 c

---

**1/2 c**  
1 c  
1 c  
1 pc  
1 sl/2ea  
1 pc  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

2 ea  
1/2 c  
1/2 c  
2 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

1/2 c  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---



2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c  
1 c  
1/2 c  
1 sl/ 2 ea  
1 pc  
1 c  
1 c

1 ea  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1/2 c  
1/2 c  
2 sl  
2 ea  
1 pc  
1 c  
1 c

---

1 c  
1 c  
1/2 c  
1 sl  
2 ea  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2ea  
1 c  
1/2 c / 1 ea  
1 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1 ea

1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

1/2 c

1 c  
1/2 c  
1 sl  
2 ea

1 pc

1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 ea  
1/2 c  
2 sl  
2 ea  
1 c  
1 c

---

2 ea  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

1/2 c  
1/2 c  
1 pc  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 piece  
1 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

---

1/2 c

1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1 ea  
1 ea  
2 ea  
1 pc  
1 c  
1/2 c  
1 c  
1 c

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

*B= 4 pc*

1 c

1 c

6 pkts

*B= 4 pkts*

1/2 c

1/2 c

1 ea

2 sl

2 ea

2 ea

1 c

1/2 c

1 cup

1 cup

1 pc

1 sl./ 2ea

1 pc

1/2 c

1 ea

1 c

*B = 2 sl*

*B = 4 pc*

*B = 2 ea*



---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

1 ea  
1 piece  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*b = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 pc  
1 c  
1 ea  
1 sl  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c  
1 c  
1/2 c  
1 sl  
2 ea/1pc  
1 c  
1 c

2 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 ea  
1/2 C  
2 sl

---

2 ea  
1 c  
1 c

---

1 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 cup  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

---

2 ea  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 ea  
1 pc  
1 sl  
2 ea  
2 ea  
1 c

---

1 ea

1 pc  
2 sl  
1/2 c  
1/2 c  
1 c  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c

1 c  
1/2 c  
1 sl  
2 ea  
1 pc  
1 c  
1 c

1 ea  
1 c  
1/2 c  
1 sl  
2 ea  
1 pc  
1 c  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1 ea  
1 ea  
1/2 c  
1 pc  
1 ea  
2 ea  
1 c  
1 c

1/2 c  
1 c  
1/2 c  
1 sl  
2 ea/1 pc  
1 c  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*



2ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c

1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 piece  
1 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

---

2 ea  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1/2 c  
1/2 c  
1 ea  
  
2 ea  
1 c  
1 c

---

1/2 c  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

2 ea  
1 ea  
1/2 c  
1 pc  
1/2 c  
1 pc  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1/2 c  
1 sl  
2 ea  
1 pc  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1 ea  
1c  
1 ea  
1 sl  
2 ea  
1 pc  
2 ea  
1 c

---

**1/2 c**  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea

1 c

1/2 c

2 sl

2 ea

4 pc

*B= 4 pc*

1 c

1 c

6 pkts

*B= 4 pkts*

---

1/2 c

1/2 c

1/2 c

1 ea

2 ea

1 c

1 c

---

1 c

1 c

1/2 c

1 sl

2 ea

1 c

1 c

---

*B= 2 sl*

*B= 4 pc*

*B= 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

1 ea

1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

1/2 c

1 c

1 pc

1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

2ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
2 ea  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*



---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 c  
1/2 c  
1 sl  
2 ea/ 1pc  
1 c  
1 c

---

2 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1/2 c  
1 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 piece  
1 ea  
1 sl  
2 ea  
2 ea  
1 c

---

1/2 c  
1 pc  
1 c  
1 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 ea  
1 pc  
1/2 c  
1/2 c  
2 ea  
1 c  
1 c

---

2 ea  
  
1/2c  
1/2 c  
2 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 c  
1 ea  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

**1/2 c**  
1 c  
1/2 c  
1 sl  
2 ea/ 1pc  
1 c  
1 c

---

1 ea  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1/2 c  
1 pc  
1/2 c  
2 sl  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2ea  
1 c  
1 ea / 1 ea  
1 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

1/2 c  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 ea  
1/2 c  
2 sl  
2 ea  
1 c  
1 c

---

2 ea  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---



2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

1 ea  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

1 ea  
1 pc  
1/2 c  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 sl  
1 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

---

**1/2 c**  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1 ea  
1 ea  
1/2 c  
1/2 c  
2 ea  
1 pc  
2 ea  
1 c

---

1/2 c  
1 c  
1 pc  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1 ea  
1 sl  
2 ea  
1 pc  
1 c  
1 c

---

1/2 c  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1/2 c  
1 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c

1 cup  
1 cup  
1 pc  
1 sl  
2 ea  
1 pc  
1 c  
1 c

---

1 ea  
1 piece  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2ea  
1 c  
1/2 c  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

1/2 c

1 c  
1/2 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1 c  
1/2 c  
1 sl  
2 ea  
1 pc  
1 c  
1 c

---

2 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1/2 c  
1 ea  
1/2 c  
1 ea

---

2 ea  
1 c  
1 c

---

1 ea  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---



2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c  
1/2 c  
1/2 c  
2 sl  
1 pc  
2 ea  
1 c  
1 c

2 ea  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

---

1/2 c  
1/2 c  
1 ea  
2 sl  
2 ea  
1 pc  
2 ea  
1 c

---

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B = 4 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

---

1 ea  
1 pc  
1/2 c  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

---

1/2 c  
1 c  
1/2 c  
1 pc  
1 sl  
1 pc  
2 ea  
2 ea  
1 c

---

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

---

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c

1 ea  
1/2 c  
1 pc  
1 ea  
2 ea  
1 c  
1 c

1/2 c  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

2ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c

1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

1/2 c

1 c  
1/2 c  
1 sl  
2 ea/1 pc  
2 ea  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1 ea  
1 piece  
1 c  
1 pc  
1 sl  
2 ea  
1 c  
1 c

2 ea  
1 c  
1/2 c  
1 sl  
1 pc  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

2 ea  
1 c  
2 ea  
2 ea  
2 pc  
*B = 2 pc*  
1 c  
1 c  
6 pkts  
*B = 4 pkts*

1/2 c  
1/2 c  
1/2 c  
1 ea  
2 ea  
1 c  
1 c

1/2 c  
1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

*B = 2 sl*  
*B = 4 pc*  
*B = 2 ea*

2 ea  
1 c  
1 ea  
2 sl  
2 ea  
4 pc  
*B= 4 pc*  
1 c  
1 c  
6 pkts  
*B= 4 pkts*

1/2 c

1 pc  
1 c  
1/2 c  
1 sl  
2 ea  
1 c  
1 c

1 ea  
1 c  
1/2 c  
1 sl  
2 ea/1 pc  
1 c  
1 c

*B= 2 sl*  
*B= 4 pc*  
*B= 2 ea*